# The Red Man $\stackrel{H}{ }$ Helper. 

Printed every friday by apprentices at the indian industrial school, carlisle, p

## THERED MAN.

Eighteenth Year or Vol, X VIII

## (1) <br> $\widetilde{U}^{\text {nin }}$

 E laws of life through the ages run,With never a hint of turning
The lessons our early yathenss grasped,
Are the lessons we are laaning:
trons The strong muse to the greater power Whether by mind or by musc
In heat of the battle hour.
Pæan and song from the victor's camp
Resound throngh the years of story. Resound through the years of story,
But vain, the victory gained, I claim, But vain, the victory gained, I clain
And doubtful the boisied glory, If the conflict owned no les
No rapt incentive other
Than to stretch a hand from the higher ground To the lately vanquished brother.

Struggle for life is the primal truth
The heroes of Time have heeded, But heroes of Tlime from the van Another code have needed. Tis not enoughiror one's self to rise
To the helghts of the world's ende There's room to spare, at the top. for allThere's room weat together
For weakness comes from a want of faith
Of knowledge and hope's endurance; The price the great to the less must pay Is love and that love's assurance; And those who rule on the earth
Owe a debt whose liquidation
Owe a debt whose liquidation
Is succor and help to the ones ou
Is succor and help to the ones outstripped
LVE-BREAD, OR CUBA TS-TAK-LIGU, AS the muscogees call it.
Mr. Chas. Gibson is a Muscogee Indian in general merchandise business at Eufaula, Indian Territory. He has an occasional terse article, full of bright originality and common sense, in the Indian Journal. One day recently, he says, while visiting the Journal office, he found among the exchanges, The Red Man and Helper containing an article on "Sheets of Bread."
He said it had the "ring or ear marks of anIndian," and although he is"deficient in education never having advanced further than McGuffey's Third Reader," hewrites occasionally for publication, but deplores the fact that he did not remain longer at school. The article in our paper reminded him that the Muscogee Indians have dishes that we may not know about, and so he sends us the following:
Cuba Is-tak-ligu is a bread that the old hunters carried out on long hunts-say four months, and was made out of corn like this:
The corn was soaked in lye from wood ashes until it would peel the husk off of the corn, then it was beaten with a mortar and pestle leaving the grains about halves. Then it was put into some kind of an oven and parched a little.
This was then placed in the mortar and pounded to fine meal. This meal was then mixed with strong lye from thewoodashes and baked as other bread and then placed on a shelf in the hot sun for a couple of days.
It is then taken down from the shelf as hard as wood, and will resist any kind of climate or rain or snow, and will last pure for six months.
They are baked always with a hole in the center, so that they may be strung like beads on a string.
They are about the size of a biscuit.
In cooking deer, turkey, bison or elk meat, this bread is placed on top of the vessel of meat, while cooking, and this softens the bran very nicely, and in this way the old hunters used to go from the Creek nation to the Rocky Mountains and be gone five or six months, carrying all their bread with them ready cooked.

Little girl just returned from market
Mother: "Well, Mary Ann, didn't the butcher have pigs' feet?'
Mary Ann: "O mamma, I went and looked; but I could not see whether he on.'

## IT DOES NOT PAY TO BE UNTIDY IN DRESS NOR "LOUD. <br> Who of us cannot call to mind just

 such a woman among our acquaintances us to loud, showy cheap dress we lead she toud, showy cheap dress we may did.A few years ago a well known teacher, who had founded and carried on for many years a successful school for girls in one
of the Middle States, decided to retire. She looked about for a successor.
Many candidates were brought to her Many
notice.
The place was an important one.
The emoluments were large, no school stood higher in the esteem of the public, and Mrs. Blank was anxious to find just the woman for the place
At last a woman offered to take the school who, apparently, had every qualifieation to carry it on with distinction. She was one of the most learned women in the country.
She spoke a half dozen languages, and was witty and wise in them all, and she had a long and successful record as an
ducato
But Mrs. Blank, after a brief interview, dectined to consider her as a candidate, and also refused to make known at the time her reason for this decision.

Years afterwards she said to a friend: "There was no doubt as to her scholarGLOVES were soiled and one SHOE had lost half of the buttons.

Trifles, you think?
But they made her unfit to be the guide of young girls.
The woman, whatever her ability, who does not respect herself enough to be
clean and neat will never command the respect of others.
The applicant never knew that her slovenly glove and gaping shoe cost her a place of ease and honor for life.
A place of trust with a large salary was open to women in one of the public departOnents in Washington s9veral years ago. One candidate brought the highest ree promptly by the committee who had the power of appointment.
She was glaringly dressed in the exels and nodding plu, with glittering jew-

We wading plumes.
We want a working woman, not a cockatoo, said the chairman, after the ab-
surdly dressed candidate surdly dressed candidate had retired.
Nothing shows sense or discretion more accurately in men or women than the ay in which they dress.
If they attach just the correct imporlikely also to estimate the other they are of life at their just values.

## WHISKEY AND DEATH INDIAN AND

WHites as witnesses compared
The Tuscola County Courier, Michigan, came to our desk this week with a column and a half article marked, telling of how a surly old white man had murdered an noffensive Indian boy
It was another case of whiskey, dis grace and death, and were better not noticed, but for a possible lesson it conains.
The white man and the Indians had been drinking. They met on the public highway, a misunderstanding arose and crime was the result.
One of the neighbors asked Sunfish, the boy's father, why he did not shoot the murderer, when he had secured his re viver and had him down, his answer was:
'Me no shoot, me no jail,'
When questioned soncerning the affair he displays great caution which is charac teristic of the race and will make both himself and wife excellent witnesses.
They answer questions in the fewest possible words, and if possible with a

## plain "yes" and "no.

The coroner who had charge of the inquest said:
"If it had been an American and his
wife on the stand every detail of the tragedy would have been gohe over a half simply simply answered the questions asked in
the fewest possible words and seemed perfectly innocent of any desire on their part to color the story to the detriment of the slayer of their son."
The poor old mother dearly loved her y, and her sorrow is pitiful.
There she sits, a poor old woman, whose Hery life was centered in her boy.
He was slain before her eyes, anid according to the story which seems well founded, for resenting an insult given her. ook in her eyes shows that the last of life's charms have been taken away from her and that she longs to meet her boy in the happy hunting ground.
After a half day spent in considering the circumstances connected with the affair, it is summed up into simply another crime charged up to whiskey.
It is the old story of drink, a mis-spent life and the final reward, disgrace and

The old Indian can bear his sorrow by drowning it in the glass, the poor old mother will go sorrowfully to her grave, for whiskey.
The community will be better off if the surly white man who shot the boy spends the remainder of his life behind the prison bars.

## a SALARY FOR EATING.

This bit of information found in the Youth's Companion has caused considerable comment, and there may be those with good appetites among us, who would like some such a position. Civil Service does not seem to be in the way.
Cheer up! Competition may be close and occupations overcrowded, but a new field is opening to indigent and ambitious young men. The duties of those who enter this field will consist in eating food urnished by the government and telling how they feel afterward. The salary has not been named, but it will undoubtedly be handsome; and of course practice and experience will bring a suitable increase The work will be under cover, too, with no heavy lifting, and will realize the hired man's dream of nothing to do between meals.
This if the Agricultural Department carries out its plans is to be the new inustry developed by the investigation of food adulterants and preservatives. If the proof of the pudding is iu the eating, says the department, the best way to find out whether boric or salicylic acid is injurious to health is to get some one to eat food preserved with them.
The department purposes, therefore, to establish a "training table" the patrons of which shall be volunteers, and if possible healthy young men from some educational institution in or near Washington. During the time they are under observation they will eat nothing but the food furnished by the government. Memoranda will be made of their physical condition at the beginning of the experiments, and records kept of any changes which take place. In this way it is hoped that much may be learned about the hygienic characteristics of canned goods and other preserved foods.
In spite of its attractions this office of eater in ordinary to the United States davernment will have its drawbacks. The pleys will bring a comfortable sense of repletion, but the nights may be filled with sadness and colic. There should be added the inducement of a generous pension, and in the event of a fatal outcome, the honor of a burial at Arlington and an epitaph:

## Here rests his head upon the lap of earth, A youth to glory hithento <br> A youth to glory hitherto unknown. Fair science proved his patriotic wond

But grim dyspepsia claimed him tor h,
If my bark sinks 'tis but to other seas.

## VE RHEUMATIC INDIVIDUAL <br> take courage.

Some deseases are good for the health says an exchange. This sounds odd, but there may be something in the philosophy. Neither the name of the author of the suggestions nor the exchange was given in the Presbyterian Banner, from which we take the following clipping:
By a curious natural law of compensaion various diseases tend to prolong life and improve the general health.
Gouty and rheumatic persons, it is said, have special canse to be thankful, the sorry causes of their diseases keeping their blood in good condition.
Take half a dozen persons over the ge of seventy who suffer from rheumaism or gout, and a half a dozen others who suffer from neither, and you will find that, except for their rheumatism or gout, they enjoy very much better health than the non-sufferers, and stand a great chance of outliving the others.
Gout and rheumatism greatly enchance a sufferer's chances of retaining his mental faculties until the end.
A large percentage of centenarians who die with all their wits about them and with excellent memories of the days of their youth, have suffered for many years from rheumatism.
Numbers of elderly persons in more or less feeble health are keptalive by coughs such, for instance, as bronchitis.
Chronic coughs are peculiarly common to old people, and hundreds who complain of the distress caused them by such affections are really indebted to their coughs for their length of life.
The reason for this is that most elderly persons suffer from weak hearts and feeble circulation of the blood, and weak hearts become weaker and weaker merey as a result of their growing weakness. A constantcough corrects this, keeps the heart beating more strongly than it otherwise would, and the strong heart-beat keeps the blood circulating more quickly, and the vital organs are thus kept in a state of greater activity.
And to this fact, no doubt, many are adebted for the years they have lived over the allotted span.
Perhaps this knowledge will help us to bear more cheerfully the pains which we have been accustomed to regard as evils and to see them as they really are, blessings in disguise.

## MARTHA SICKLES CORNELIUS, '98,

## appreciates a favor.

In a recent letter to the Colonel, Mrs. Cornelius, who when here as a student was known as Martha Sickles, says:
"I wish to thank you and tell you how much we appreciated your kindness in sending us the fine souvenir of the school. Just to glance at the cover reminds one of the school, and the many advantages and dear old times we had under the colors of the red and old gold.
We have our own little home and farm and are getting along very nicely.
My husband, who learned the carpenter trade while at Carlisle, can fix up many pretty and useful things for the home.
Our house is built in such a pretty place on the bank of the Dutch Creek. The bank in this place is about forty or fifty feet deep and almost perpendicular. The barn extends fifteen feet over the bank, where it has more slantand affords a good place for the stone basement.

My sister and brother, Arthur and Florence, are both working in Green Bay, Arthur in a printing office and Florence in a private family. She expects to enter a normal school in the fall. My husband and I both join in thanking you again for the souvenir, and for all you did for us in giving us the opportunity to learn while at Carlisle.

Martha Sickles Cornelius, '98.
Oneida, Wis. Aug 11, 1902.

THE RED MAN AND HELPER

## 

To know that one does not know a thing s a very necessary step toward learning
INTEREST OF THE RISING INDIAN.
The Meghantcal. Work on this Paper
TERMS: TWENTY-FIVE CENTS A YEAR IN ADVANCE.

Address all Correspondence:
Miss M. Burgess, Supt. of Printing Carlisle, Pa.

## Entered in

Do not hesitate to take this paper from the Post Office, for if you have not paid for it ome one else has.

## NURSING THE JOB.

After spending hundreds of millions of dollars, and giving thousands of the lives of her soldiers and citizens, and having killed thousands of the Indians in driving Indians onto reservations and in keeping them there, the Government now spends millions of dollars annually in hiring, persuading and coddling the Indians to continue in tribal life and away from any participation in the national life.

Of the officials and employees whom the Government pays to help it civilize the Indians, more than three fourths use their opportunities to persuade and enforce tribalism and Indianism. Notonetenth of all such employees heartily attempt to prepare and persuade the Indian to go out and join in the industries and affairs of the country

With some notable exceptions, scores of the missionaries at work among the Indians, throughout the whole history of the country, have been entirely certain of their ability to prepare all Indians and make them perfectly acceptable citizens of heaven in the first generation; and at the same time were equally certain that the Indians could not be made fit and capable citizens of the United States without several generations of preparation.
Having predetermined that the Indian cannot become a capable and useful citizen, they pursue a dog-in-themanger policy, and by their advice, and in some cases commands, they prevent Indian youth, who would go out from the hindrances of the reservation and its tribalizing influences into the region of experience among citizens, where they could learn real citizenship and self-support The United States has established schools for young Indians within the limits of civilization for the purpose of giving them a chance to learn real citizenship by contact, but these people are the enemies of these schools in the Indian camps.

## THE INDIAN AS A WORKING MAN.

The westward march of civilized labor has affected no change more remarkable than the conversion of the hitherto lazy man at $\$ 1.50$ a day. Large gangs of them are now employed by a Western railroad in track-laying, and they seem to like the work better than prancing around on paint. Perbaps the strangest part of the new condition is the fact that it is the men, and not the women, that are doing the work, a complete reversal of the old way. Thus has the long suffering squa
been emancipated.-[Phila. Record.
Yes, this is a fact and there is the additional fact that Carlisle students have been leading the way in this very thing, and it is the inspiration of labor among white people they get at Carlisle, that enables them to do it.
"Education augments what a man is." It makes for right thinking, right doing, right being. It reaches toward the right, he truth; away from darkness, evil and falsehood. It strives after God; it finds Him in his works, and speaking through our own being.
No matter how much hard study is done by a student, and how much toiling and moiling by the teacher in his behalf, if the trend of it all is not upward, toward right character building it is, in the main, lost effort. Or even worse, it engenders forces that are set to work to help the power of darkness. They that are not positively for righteousness are against it.

## Intellect may be quickened, power to

 think and to do augmented, but if there is not in it all the altruistic impulse, much and power has been spent in vain.
## What we are counts for much more than

 what we do. What we do is constantly limited by what we are. Young men and women mustappreciate this fact before they are ready to do their best for themselves, and for others.If the mind does not grow larger in it grasp, clearer in its perception, the soul purer, ideals higher; if selfishness is not crowded into the narrow corners of our being, in humiliation and shame, our edu cative process has been a weak and con temptible one
Fear is one of the chief causes of false hood in children, fear of punishment, of reprimand, of displeasure, of loss of ap probation, or loss of esteem.

One of the first truths that should sink into the mind and heart of young people, is that the consequences attending the statement of facts as they are, will neve be so serious and uncertain, as when these same facts have been misstated, or concealed.
"Tell the truth and dare the devil," says the old adage
"rell the truth and respect yourself" is nearer the mark, and has not the ele ments of bravado in it, unless oneself is the great functionary meant in the doing process.

We have no doubt that this is the chief party to be appeased in many of the combats we all have with mendacity
Craven spirits and falsehood usuall dwell in the same person.
Indian boys and girls do lie, but like white children, they often learn it from their superiors, and are forced or frightened into it.

In the main, we feel sure that our Carlisle school boys and girls are more dis posed to be true and truthful than the generality of white boys and girls who have had much better advantages.

## LAST SUNDAY EVENING.

In a talk before the student-body on Sunday evening, Mr. Colegrove, who has just entered the Carlisle School service, said in part, the subject of the evening being "Freedom for Service"

In the past centuries as civilization has gone on its onward march the cry all along the line has been "Freedom."

We read in history of those old days when the captives of the victorious Ro man armies were brought home to Rome to serve as slaves to their captors.
We come down a few centuries farther, and still we see how the few favored ones rule the whole world.
We have with us now those who, in our own country under our own stars and stripes, fought, suffered and many died that this country might be a country of freedom for all men regardless of race previous condition.
Not only so far have we advanced but till farther:
We need not now worry ur have any fear that any class of people in this coun try will become slaves to another class.
We have now, I believe, as a people reached that place in civilization where we can interpret this verse as Paul mean we ca
it:
"St

Stand fast therefore in the liberty wherewith Chyist hath made you free."
It is not with us a battle to gain liberty of our person, nor liberty of thought, but we must strive, and we shall meet many difficulties in striving, to gain freedom from our lower natures
We cannot become free from all these things at once; we may find some habits or manners of life so fixed that we can only hope to break them one at a time.
Each one may require a great effort, but
by doing our best we continue to grow.
Perhaps one habit will be too strong to
break abruptly
When I was a boy in the high school I used to earn a dollar now and then to supply some of my boy-wants, which were ot considered by others as absolutely ecessary.
One man in particular furnished me with work at convenient times.

One winter vacation I was chopping cordwood for this man, who lived a short distance from my hom
He was a good man.
He always took great care to do as nearly right as possible.
He was working with me, and ito ccurred to him one day as we worked on, that he had a habit which disgusted HIM as it does most of the best people
He was an inveterate tobaco user. He never smoked, but chew he did rom morning till night.
He told me that a low spirited fellow whom he supposed to be his friend, had taught him the habit when he was only six years old.
Well, the man decided on Friday that he would stop using tobacco. On Saturday morning he was sure he could break the habit easily.
He got along well until about 9 o'clock.
Then he began to wonder if he could eally break the habit, but he stuck to his resolution manfully
During the afternoon he several times topped chopping, stuck his axe in the log, drew off his mitten and reached for his tobacco sack before thinking of his resolution.
Somehow he got through Sunday, but Monday about eleven he left the woods, went to the house, hitched up, and drove o town to replenish the tobacco box which he had a few days before emptied into the stove.

## Now was that man free?

Did he enjoy real freedom?
He was as much a slave to tobaceo as black man ever was to a master.
Slave to a habit of his youn ger days, formed when he was confident he could break it whenever he chose
I only mention this as an example to illustrate the ease with which we form habit which becomes a part of our very nature, and we become slaves to a hard naster
The liquor habit has been so often spoken of in this connection that I will not stop to enlarge upon it here.
We all know of many iustances where the best and most promising men lose their better selves forever by giving up to this menster slave-master-DRINK.
But now is the time; while we are yet free let us hold to this advice given by the apostle "and stand fast therefore in the liberty wherewith Christ hath made you 'ree."

## Our lesson subject to-night is "Freedom

 for Service"We are not to be free simply to think how much we enjoy our freedom; but ree for service.
You have probably read that at the time when the South feltits power broken and the slaves were really made free, that is they were no longer property of their masters-at this time although the negroes had long prayed for that happy day to come, now that it had come they were at a perfect loss to know what to do
Many had been born and lived their ives on one plantation.
They knew nothing of the life of the world outside.
They were as young children
What should they do?
Where should they go?
Some wandered away only to return to their master's door begging him to take them in again.
Some went farther away only to fare till worse.
They were free; but that could neith $r$ clothe, feed nor comfort them in itself They needed a definite aim in their live and the ability to pursue that aim or pur

Let us not in making ourselves free rom the habits we wish left behind, find
that we are in this position, as was the negro of ' 64 .
It is as necessary to have a definite aim in life if we wonld succeed as it is that we always give our best efforts to higher life.

## The apostle says

"No man that warreth entangleth himself with the affairs of this life; that he may please him who has chosen him to be a soldier.'
If a man is to be a soldier he must by throwing all else aside endeavor to pleas is commarder who hath chosen him
He must give all his time and his whole elf to being a good soldier-the BEST oldier he can be,
The same is true whatever course we pursue, be it law or blacksmithing, car entry or journalism.
The old saying "Jack of all trades i

Many people deplore the idea that we ave so many specialists; but it is simply a growth of our education and requirements.
A man who has studied the human eye for years, may be unable to treat or give So with lawyers, each takes the partic ular kind of cases he can best plead. We must get in our own work-or course-call it a rut if you will,-make the rut as wide and deep and lorg as you wish, but keep in it.
The hunter who would bring down the game must take careful aim and have a steady hand.
Let us in endeavoring to bring success to ourselves take still more care.
A well-defined purpose is an absolute necessity in forming a good character.
man without it is as a straw to be shifted about by each idle wind.
Every right minded man sees somen eral course of life open to him.
Although all walks of life seem crowded now-a-days we must thank God that each person is in some way superior to all others.
God offers every man a chance by making no duplicates.
It does not matter very much just which calling we pursue as our life work, it is much more the spirit and purpose with which we pursue it.
I believe the man who follows the plow as worthy as the preacher in the pulpit; the man working in the mine can be as worthy of our respect as the man who ownes dozens of mines.
A man should not always be judged by what he is, never by what he was, but only by what he is trying to be.
When we enjoy freedom and enter the service to-day, we need much more than our fathers needed. We have, perhaps, greater difficulties to contend with and certainly more powerful means of overcoming them. At any rate each must face life alone and work out his own trials.
Now that we have a course to pursue as each of ushas,-Paul says "Wherefor as we are compassed about by so great a cloud of witnesses let us lay aside every weight and the sin which doth so easily beset us and run with patience the race that is set before us."
It has been said that there are parts of the Bible which seem especially fitted for every phase of any man's life. Certainly it seems that this verse may be applied directly to the Carlisle School. There surely is a reat cloud of witnesses watching Carlisle. Not all wishing the best results but perhaps some the opposite. But because we have this great cloud of witnesses and because we wish to be more manly men and more noble women let us "lay aside every weight

## Man=on=the=band=stand.

## Home again! school again!

Study the croquet rules, ye players.
The Granger's picnic brings visitors.
Mr . Reising is assisting Mr. Thompson
Mr . and Mrs. Warner have returned.
Our sloyd teacher, Miss Stewart, is
back
Miss Veitch returned from Philadelhia on Friday
John F. Susep, of Maine, has joined the student-body.
Orlando Kenworthy has gone to his home in Oklanoma.
The second crop of hay on our farms is much larger than the first.
Carl Jennings of Oklahoma, was one of the little arrivals this week
Getting weighed is a favorite occupaMr. O. J. Allison, of Chicago, was a Mr. O. J. Allison, of Chicago
gest of Miss Moore, on Sunday.
Miss Wood returned on the early train Tuesday morning, in fine condition.
Alejandro Ruiz of Porto Rico was guest of Emiliano Padin on Tuesday.
Mrs. Allen and Esther will be boarders at the club during Mr. Allen's absence. The carriage painter, Mr. Carns, is again on duty after a pleasant vacation.
Working on the tin roofs is hot employment since the warm wave struck us. "Please renew. The last number, Aug. 22, is
$\mathrm{N} . \mathrm{J}$.
Annie Kittail, who is not well, went as Cook.
Miss Bowersox has returned and will be Acting-Principal at the opening of school.
Mr. Beitzel is again at his desk after taking in all the ocean breezes at the Bea-n-by-the-sea he could
Miss Ida Swallow, 1901, who is Miss Ely's assistant, is in Philadelphia for a brief period.
When Miss Ely read of the blacksmiths ironing

The Warners are moving into the Professor Bakeless cottage, and will occupy the down-stairs part.
Miss Nana Pratt is spending a few days in the City of Brotherly Love. Mrs. Pratt joined her on Tuesday.
Hattie Jamison went to California with Mrs. Cook, to live with her sister Mrs. Matilda Jamison Schoulder.
The Juniors and Seniors return to the school to-day and to-morrow from their "summer school" on farms.
Assistant Superintendent Allen left for Oklahoma, on a business brip for the school, on Tuesday evening.
Mr. Gray, our skilful dairyman, is pardonably proud of a lot of young heifers that are doing nicely in the herd.
Don't ask Mr. Gansworth about a chipmunk. He doesn't like chipmunks. It was a woodchuck. Now ask him.
Ephraim Alexander from Ft. Alexander, Alaska, is one of the new arriv.
He is a bright, intelligent young man.
The brick for new forges and black smith-shop improvements are being piled against the east wall in industrial court.
That "slowly rising temperature" of the weather bureau prognostications for the past three weeks has at last reached us.
We would not care if during the middle of these warm days the mercury in the thermometer would crawl out to cool off.
Creamed cod-fish, from Prince Edward Island was the feast at the hospital, last Friday noon, of which Mrs. Craft was invited to partake.
Eugene Tibbetts ran in from his nearby farm home for over Sunday. He says he has a good place, but will be glad to begin school again.
Rev. Kisler, of Carlisle, the N. Y. Life Man escorted a party of friends from a distance through the various departments last Thursdav.
Maria Mercedes Castro, one of our Porto Rican girls, came in from the country a few days ago, and expects to go to the Bloomsburg Normal school.

Mrs. Canfield has returned from Kentucky, claiming to have had a delightful for its fine horses and beautiful wom en

Three Sisters from St. Katherine's Hall, on Pomfret street, were out to see the school one day last week, and escorted around by Ramon Lopez,
Lillian Cornelius has gone on a little isit to Frances Halftown, at Wildwood Lillian is much appreciated here, for she
Miss Peter returned on Sunday fron Chicago;missing the early merning Cumberland Valley connection at Harrisburg she came from the Capital City via trol-
All people are welcome to all the cisern water they can drink, but some waste more than they drink by pumping an over-flow. We have to guard agains waste.
'It takes lots of water to run that trolley," observed a by-stander who has had and conductors enjoy our cool cistern water.
Miss Richenda Pratt was pleasantly eminded that she had a birthday on Monday by numerous handsome gifts, mostly books, from her parents and others.
David Masten has gone to Hupa, California from his home. He says by recent letter: "I am working in the garden now, but will take up my regular duty when school starts.'
In the item about the onions la the Man-on-the-band-stand should have said 10 inches in circumference instead of diameter. The big corn this year has turned his head.
The mending class of the sewing department, has been moved to the former cooking-class apartment, and the room formerly occupied is being partitioned for sleeping apartments.
When we think our room-mates blood is not as good as our own, we may not be too sure of it. Not many people can go very far back in their family without discovering traces of poor blood.
Three of the old pianos have been exchanged for three new ones, and Miss Moore's heart is happy. The old ones have been in use for about a quarter of a century, and deserve to be retired.
That poor rat which fell into the hands of the electric-experimenting boys had sorry time. They tried to give it a merciful death by electrocution, but only succeeded in knocking him senseless.
In what four respects does a callar resemble a lover? First, he comes to adore. Next, he gives the bell a ring. Next, he gives the maid his name. Then, if he does not find her out, he is taken in.-[Independent.
Julio Fernandez has come to the sensible conclusion that it were better to stay at Carlisle a while longer, until he speaks English more fluently. He knows that even in Porto Rico a person must use English in these days.
On Saturday, Arthur Sickles, 1902, arrived with seven Oneida pupils from Wisconsin. On Monday he returned to Green Bay, where he has employment as a printer. Arthur was in good spirits, and enjoyed talking with his old friends and schoolmates.
On Tuesday evening, Lillian Brown, who expects to leave us on Monday to take a course in the Bloomsburg Normal, gave a party to the girls of company A, of which she has been captain, and the fourteen boys of her Normal class, in the play-room of the girls' quarters. All had a delightful hour.
The SMALL boys are cutting the corn, and the large boys are gathering the same. The small boys have been the stand-bys this summer on our farms, and Mr. Bennett says they have done very well. They are happy when called upon to do almost man's work; the farms would have grown
up with weeds, however, but for their perseverance in pulling and digging.
Dr. Alice Seabrook, of Philadelphia, was a visitor, Tuesday night, on her way to Emmittsburg, Md., her old home. Dr. Seabrook has for many yeara been the in Philadelphis but has now resigned to take the more important position of Chief Resident Physician and Superintendent of the Woman's Hospital, of that city, the oldest woman's hospital in the country. It will be remembered that several years ago, before taking her medical course, she was Superintendent of our hospital, hence has many friends at the school who always give her a warm welcome.

If there is anything Carlisle glories in DEPENDENT thought and FEA RLESS expression.
Vol. 1. No. 2 is the first copy we have seen of Reveille, published monthly at Grand Junction, Colo. It is neatly printed and interesting; price 10 cents a year The illustration in the heading represents a school boy in front of school-house blowing the bugle across the mountains and plains, toward an Indian camp, calling the Indians to "wake up!" It is quite suggestive.
Father, son and son's son are working on the granolithic walks, making over the bad places. Mr. Faber, the grandfather, is a hard working gentleman and a splendid example of how untiring energy and absorbing interest in one's work brings success. He is the largest contractor of concrete walks in this section of the country, and is as active and persevering as the men under him who are much younger:
The store-room is a place of interest to visit Mr. Kensler, keeper of the school supplies, has the arrangement of his stores so systematized, that by a walk through the many aisles of high shelving and piles of bags, one can get a good idea of the variety, the vast quantity and quality of all. He handles goods from cabinet furniture, sewing machines, coffee in sacks, leather-in-the-rough, and ready-made clothing down to envelopes, books,shoe-tacks and polished dust-pans.

## KIND WORDS.

One of our girls has merited these words from her country mother:

I want to tell you K-has been a very kind, strong, helpful and a very good girl in helping me with my house-work and with the children, and I am very glad Mr. F- spoke to me of the girls of your school. We both thank you for sending feel deeply interested in the work of the feel deeply interested in the work or the school and hope some time to call and see that I feel it must be a very wonderful place and one that is doing great good, place and one that is doing great good,
both to the Indians and to the country Hoping some time you can spare me another as agreeable and capable and with grateful thanks, etc.

## MR. NORMAN PASSED AWAY.

Although Mr. Philip D. Norman, of Carlisle, for twenty years instructor in painting at our school, has been ill for several months, the news of his death on Saturday was a shock to his friends and co-workers. Mr. Norman was four ten years a soldier in the regular army, and a well known band leader before he joined our force; he took the leadership of our band years ago when it was in its infancy, but latterly, up to a few months ago when he was obliged to give up work, his time was occupied with his duties as painter. The funeral services were held at St. Patrick's Catholic Church on Tuesday, and was attended by a large body of friends and members of various organizations to which he belonged. Among the floral offerings was a handsome piece contributed by his friends at the school.

## HAROLD PARKER DIED IN NEW MEXICO.

We are grieved to record the death of Harold Parker, who left Carlisle Oct. 18 1900. His father, the well-known Quanal Parker, chief of the Comanches, Okla writes thathis son died in New Mexico "I brought his body home and buried him two miles west of my house. It was hard for me to part with my boy, but such is the law of human beings. The girls are well; Esther is going to Lawton to school." Harold was always a frail boy and had he not received the best of care during his school days, would probably not have lived as long as he did. He was popular at Carlisle, and a boy of most excellent character.

## FROM A WHITE SISTER.

Miss Clara M. Beans, of the McKinley Memorial Hospital, Trenton, N. J. in her letter of renewal says the Red Man and Helper "is very dear to me, more so since I have been in the hospital. It has many little things in that help me. When I get discouraged it helps me wonderfully. I see some of my Indian girl friends have taken up nursing since they graduated. That they will suceeed, is my sincere wish. I am a friend to the ndians and always will be

## LASTING EFFECT OF ENVIRONMENT.

## At a temperance meeting in Hobart

 Oklahoma, Mrs. Lydia Hunt Wright (formerly a teacher here and well known in the Indian service as Miss Hunt, Su. perintendent of various Indian schools, delivered an address upon "Heredity and Environment" which, says the Hobart Democrat, was one which her experience enables her to present in a peculiar, interesting and convincing manner.She stated in the beginning that in her capacity as superintendent of Indian schools she had stood in the relation of father, mother, friend-every possible relationship toward hundreds of Indian children.
They came to the schools in many cases from homes where there was not a trace of civilization
The advance which these pupils made during their years at school was, therefore, as perfect an example of the effects of environment as can be found.
The effect of this environment is such as to influence and affect them all through life, even though when they return to their people they again adopt Indian dress and customs.
The school-trained Indian can always be recognized.
The effect of heredity could be traced plainly in those few who had come from homes where one or both parents had been at school or in some way come in contact with civilized life.
The progress of these latter pupils was therefore, due to both heredity and environment, and the advantages over those who came from uncivilized homes was so marked as to give some idea how important is the influence of heredity.
In closing, it was affirmed that every child had the right to be well born and then to be placed in an environment of purity and protected from the degrading, purity and protected from and its related

## MRS. COOK HAS LEFT CARLISLE

Mrs. Jessie W. Cook, (widow of the late Rev. Charles Smith Cook, several years the native missionary at Pine Ridge, S . Dakota, for more than four years teacher at Carlisle, having previously taught at Sacaton Arizona and Perris California has been promoted to the position of outing ing agen California, and left us this week, with the regrets of all at Carlisle, both teach-
ers and pupils. ers and pupils
This is an official recognition of the outing system that we are pleased to see, and Mrs. Cook's familiarity with the Carlisle methods, together with her unusual tact and abilities are welcome auspices for its growing success in what seems to be a most favorable field.
The Indians most largely dealt with at Riverside are among the best workers, being far removed from the nomadic habit. They are peaceable village dwellers. and They are peaceable village dwellers. and
have had exceptional contact with our civilization.

## POLISHED BARBARISM

There once was a gallant young Sioux

## In a barbarous way, Till I'm happy to say

He longed for a change from the strife and affra
So this gallant, progressive young Sioux
A great bushy head of hair grioux; Went down to Carlisle,
Played football awhisle,
Played football awhisle,
d learned to slay folks in an
And learned to slay folks in an elegant stisle,
Just as civilized warriors dioux Lowell Otus Refese.

## home of the lead pencil

At the! Carlisle school we use hundreds of lead pencils yearly. As we sharpen them and write with them do we wonder how they are made and how they origi nated? This from the Chicago Chronicle may prove interesting, and make our Massachusetts friends proud that one of her towns supplies almost the entire demand, and that one of her worthy citizens has given a famous example of how great industries may grow through very small beginnings.
But a few years ago the bulk of the high-grade lead pencils used in the United States were imported from Europe, Ger many furnishing the better quality and the largest quantity.
Now, according to a recent census bulletin, Concord, Mass., is the chief pencil-producing town in the world.
The industry is not a new one there
The first one was made there in 1812.
The war with Great Britain and the consequent interruption of imports did much to stimulate the inventive genius of the American colonists and to give a start to infant industries.
The lead pencil was one of the inci dents.
The scarcity of pencils and their consequent high price inspired a cabinet-maker named William Monroe to try his hand at making them.
His cabinet business was very dull, also, in consequence of the war.
So he procured a few lumps of black lead and pulverized it in a spoon and incased it neatly in wood.
The pencil was not very good and he went back to his trade.
But, as he did not like to be beaten, he experimented every day for a few hours in an effort to reach more satisfactory results.
After four months he got a better mixture of lead and on July 2, 1812, he went to Boston with thirty pencils.
They found a ready market and his purchaser urged him to make more and agreed to take all he made at a certain price.

So he worked for eighteen months making pencils.
Then his graphite gave out and he could not get any more.
At the close of the war he resumed business, doing his mixing himself in a little room in his own house, to preserve the secret of his trade.
In ten years he had acquired considerable skill and supplied much of the home demand.

There are now five pencil factories in the United States.

## THE PROPER PLACE FOR GLASSES.

Mr. Carnegie was the guest of honor a a recent dinner at Philadelphia, and be fore its close not a few of the guests no ticed that his wine glass remained untouched. At last, just as the dinner wa about to end, one of the more inquisitive persons presentsaid
'I beg your pardon, Mr. Carnegie, but I notice you have not touched your wine. I did not know you were a total abstain er."
"No?" Mr. Carnegie remarked, with a smile. "Well, you know glasses are
used both over and under the nose. I always use mine over.'

## Gold and Silver and Indian Relics Found

While digging a trench for the new sewer on East Roxborough Avenue, Roxsilver coins , recently a quantity of gold and war weapons, was unearthed, among the assortment being stone Indian hatchets, knives and other like objects.
The spot is an historical one, being in close proximity to the old Payne Mansion, in which locality the British soldiers encamped after the battle of Chew's Hill. encamped after the

- [Phila. Inquirer.


## HOW TO WASH FLOORS.

We have floors to wash and floors to
wash; and what R.E. Merryman says in Word and Works may go to the hearts of some of our scrubhers. We print it by equest:
The best and quickest way to wash floors is as follows:
With a good stiff scrubbing brush, two good size cloths and two pails, one is well equipped.
Prepare a warm soap suds in one pail and have clear water in the other.
Put one cloth in each pail.
Fold a grain sack to a convenient size and kneel upon it near one corner of the room then dip the brush in the suds and scrub the corner of the floor, a piece about $2 \times 3$ or 4 feet, is about right to reach conveniently.
When the dirt is well loosened from the wood take the cloth in the suds to wash up the dirt, rinsing and wringing the cloth into the suds.
Now with the other cloth and clear water rinse and wipe the washed piece and proceed to the adjoining space, working in this way back and forth across the room until all is finished.
Be very careful to wipe the edges of each piece carefully, otherwise the floor will show dingy lines where the dirty water soaked along the grain of the damp wood.
By the time the floor is finished the first part will be entirely dry and the whole will be very white and clean. If the water is hard and does not suds well, add a little borax to soften it.

## THE INDIANS ARE DESIRABLE AS helpers and they learn.

The Philadelphia Evening Telegram has this to say:
The Indian youth or maid is no longer the object of the vulgar curiosity and farfetched tales that he and she once were.
In fact, the farmers in Bucks county would hardly know how to get along without the sturdy, silent Indian boy for helper.
The girls are much sought after by hard-worked mothers, for they are excellent care-takers of children, loving and patient with their little charges.
Iu some of the minor points of etiquette t is somewhat difficult to train them.
They open the front door awkwardly and ${ }^{3}$ murmur "Come in" rather ungraciously.
One young matron essayed to teach her Indian daughter (that is what they are called, and they look upon their mistress as their "country mother") to ask of the caller "What name shall I say?"
The lady was somewhat horrified to overhear the little maid say to the visitor, bluntly, as she ushered her into the par-lor:-
"What is your name?"
However it was a trifling error, and in隹 the little Indian became quite polished in her manners.

## RESTING WHILE AT WORK

He who does not know hew to rest does School Times
It is positively true that even the busy heart, in its constant sending of the life blood from the central fountain to the extremities for the sustaining of existence, finds time to rest, moment by moment, between its untiring an ceaseless heart beats. Hence rest is a duty even in busiest hours and matters. At the same time, to a busy mind and heart rest is not ceasing to love, or to learn, or to feel, or to think.

## Rest is not quitting <br> The busy career Rest is the fitting

Rest is the fitting
It is a great lesson, that of learning how There is no other mode of tiue at

## To Keep Milk Clean

Is there any way of getting dissolved dirt out of milk? asks an exchange, and answers the question in these words
"No strainer we have ever seen will do
${ }^{1 t_{\mathrm{T}}}$
The only thing left to do then is to keep the dirt from getting into the milk.
The only way to have clean milk is to cleanly about the milking.
Insoluble matter may be strained out but that which has once dissolved is there to stay."

ONE OF THE GOOD TIMES IN THE COUNTRY.
One of the students out on a farm for the summer writes a very interesting letter to his teacher, from which we are allowed to take a page or two.
He says:

## "He says:

## 'red moss,' Mr. -_, promised all the

 after all the harvesting to the sea-shore and oats all threshed and put away.At last we finished everything last Friday afternoon, and the next day we,eight of us in all, started for Atlantic City.
We arrived there about ten o'clock, then we began to walk up and down the board walk along the beach seeing the people bathing. Soon after that Mr. took us out boat-riding ten miles out to sea and back again.
In the afternoon we all went bathing, and just before going in we had our pictures taken. The fun commenced as soon as we were all in; the waves were about six or eight feet high at times. Two of the party could not swim, and they had a hard time, they did not have much fun. The rest of us went quite aways from the shore, swimming upand down the waves I never had as much fun swimming as I had that day, and our own "boss" paid all our expenses for the whole day."

## indian Can’t beat the white man.

A certain well-known gentleman and scholar in the central west made public the statement that all Indians that have been Christianized are all "liars, thieves and knaves. The really good Christian Indian does not exist."
"This is not impossible" writes a California friend," but permitme to say, that if there is any Indian, Christianized or unChristianized who is as big a liar, thief and knave as the average white man, then you should put him in a cage and exhibit him as a curiosity. The continual practice of rascality has put the white man beyond the reach of the Indian The Indian may be bad, but the white man is worse."

## OUR WORST ENEMY

One of the most persistent enemies that a man has to fight with is himself.
That enemy has to be fought with at unexpected times, and at all times.
Yet if a man is determined to win the victory, he can be successful even in spite of all the advantages which self has in the contest.
And what a victory it is to win in such a fight!
Henry Ward Beecher says, forcefully
"No man is such a conqueror as the man who has defeated himself."
God is with us in the struggle, and through him we shall have the sure victhrough him we shall have th
tory.-[Sunday School Times.

## WHY WASTE?

Many things we waste or throw away without thought, if saved might be of use to others if not to ourselves.
Wrapping paper, pieces of twine, odds and ends of various kinds may do service a second time if put away until the need of them arises
The habit of economy is one that ought to be cultivated, for careful saving makes lavish giving possible
Hoarding is not a vice of childhood, nor should it be encouraged, but the wise husbanding of resources for future expenditure is a valuable lesson that cannot be learned too early.

## They Laid the Baby to Rest.

'I buried a little Indian boy some weeks ago.
They dressed him as for a journey, with his hat on, several strands of large beads around his neck, and put in his coffin by his side a nursing bottle filled with milk. Poor souls, they are groping in the darkness, feeling after God and His truth. -[Rev. Robt. Hamilton, Missionary among the Indians, in Oklahoma.

## Who can Make Sense of These "all-right" English Sentences?

That that is is that that is not is not, It was and that I said not or.
"Life appears to me too short to be spent in nusing animosities or registerspent in nus
ing wrongs."

## A UNIQUE EXCHANGE.

Among our exch.nges is a monthly magazine called Twin Territories, which comes from Indian Territory.
The cover is an ingenious and artistic representation of Indian progress by inference, with its pictures of old time Indian life above and below the words "Published for the Indians of Indian Territory and Oklahoma.
It is well and carefully edited by an Indian girl, Miss Ora V. Eddleman, and is profusely illustrated.
Without doubt its circulation will extend far beyond the modest limits suggested by its proprietor, and it will beread with interest by others besides Indians.
Prominent among the contents of the August number is an article written by Clarence B. Douglas, editor of the Muskogee Phoenix, upon the work of the Dawes Commission showing the magnitude of their undertaking in establishing the value of over nineteen million acres of land, and proving the rights of citizenship of nearly eighty-five thousand persons
High praise is bestowed upon the members of the commission for their integrity, executive ability and justice, and the statement is made that no word of complaint against them has come from the Indians who are the vitally interested party.
There are other good articles in this particular number

Mr. H. K. Deisher, of Kutztown, Pa., writes that "having collected local relics for nearly a quarter of a century, and taking great interest in Indian history and their future welfare, I subscribed to and their future welfare, I subscribed to
a Press Clipping Bureau to ascertain what the press nublished throughout the what the press nublished throughout the
country concerning Indians. Over three country concerning Indians. Over three
hundred clipped articles were sent to me hundred clipped articles were sent to me
the first month. It makes valuable histhe first month. It makes valuable his-
"Boys and girls of sluggish intellects are to be found in all schools, and the skill and patience of the teachers are much exercised in dealing with them. The success with which cullards are treated, however, is one of the tests of a grood teacher; and it is really more creditable to bring out the latent intelligence of stupidity than to foster the growth of precocity."
"Success lies in making great ventures, and does not depend on imemediate returns from those ventures."

I'd rather be next neighbor to Nature, than to most of the town folks."

