

# THE INDIAN HELPER

A WEEKLY LETTER

—FROM THE—  
*Indian Industrial School, Carlisle, Pa.*

VOL. XII

FRIDAY, FEBRUARY 19, 1897.

NO. 19

## THE TWENTY-SECOND OF FEBRUARY.

**P**ALE is the February sky.  
And brief the mid-day's sunny hours.  
The wind swept forest seems to sigh  
For the sweet time of leaves and flowers.

Yet has no month a prouder day.  
Not even when the summer broods  
O'er meadows in their fresh array,  
Or autumn tints the glowing woods.

For this chill season now again  
Brings, in its annual round, the morn  
When, greatest of the souls of men,  
Our glorious Washington was born.

Lo! where, beneath an icy shield,  
Calmly the mighty Hudson flows,  
By snow-clad fell and frozen field,  
Broadening the lordly river goes.

The wildest storm that sweeps through space  
And rends the oak with snud and rattle,  
Can raise no ripple on his face,  
Or slacken his majestic course.

Thus mid the wreck of thrones shall live  
Unmarred, undimmed, our hero's fame;  
And years succeeding years shall give  
Increase of honors to his name.

—[BRYANT,

## WASHINGTON

When was George Washington born?

On February 22, 1732.

Of what State was he a native?

Virginia.

Why was he called the Father of our Country?

Because he was the first President of the United States.

What sort of a young man was Washington?

Washington as a youth was fond of out-door sports.

His earliest expedition as a surveyor was to go beyond the Blue Ridge Mountains and survey the Fairfax estates.

He was obliged to fight Nature, the Indians and the French.

Henry Cabot Lodge said of him "He went in a school boy; he came out the first soldier in the land."

At sixteen he was tall and muscular and rather spare, as is the fashion of youth.

He was well shaped, active and symmetrical; had light brown hair, broad forehead, grayish blue eyes, a manly, open face, with square, massive jaw, and a general expression of calmness and strength.

The noble youth was the prophet of the old man.

What can be said of Washington's character as a man?

Thoreau says:

A few simple deeds, with a dignified silence for a background, and that is all. He never fluctuated, nor lingered, nor stooped, nor swerved, but was nobly silent and assured. He was not the darling of the people, as no man of integrity can be but was as much respected as loved. \* \* \* His behavior on the field and in council, and his dignified and contented withdrawal to private life were great. He could advance and he could withdraw.

Was Washington the greatest General of his day?

No; but Washington alone could conquer defeat. His strongest foes were not the invader; but hunger, nakedness and desertion within his own army; long periods of inaction more trying than battle; the bitter jealousy of his fellow generals; the weakness of Congress; and the forgetfulness of the people. But when most abandoned in that long war, he stood calm and unmoved, like a massive boulder,—a sign of hope for all who prayed for freedom.

Was Washington a good speech maker?

It is said that Washington never made a speech. In the zenith of his fame he once attempted it, failed, and gave it up, confused and abashed. In framing the Constitution of the United States the labor was almost wholly performed in Committee of the Whole, of which George Washington was the chairman. He spoke twice during the Convention; but his words were so few that they could not fitly be termed speeches. The Convention however, acknowledged the master spirit, and historians affirm that, had it not been for his personal popularity and the SINCERITY with which he spoke, the Constitution would have been rejected by the people.



# THE INDIAN HELPER

PRINTED EVERY FRIDAY

—AT THE—

Indian Industrial School, Carlisle, Pa.

BY INDIAN BOYS.

THE INDIAN HELPER is PRINTED by Indian boys. It is EDITED by The Man-on-the-band-stand, who is NOT an Indian.

PRICE:—10 CENTS A YEAR

Entered in the P. O. at Carlisle as second class mail matter.

Address INDIAN HELPER, Carlisle, Pa.  
Miss Marianna Burgess, Manager.

Do not hesitate to take the HELPER from the Post Office for if you have not paid for it some one else has. It is paid for in advance.

Why allow oneself to get chilled through before buttoning up the coat? The safe way in going from a warm room is to button the coat and prepare for the cold blast before stepping outside. Watch sensible men! The way they manage themselves is the way for us to manage ourselves.

An Indian should certainly know how to spell Indian, and yet some of our more modest students persist in spelling it with a small "i", thus: i-n-d-i-a-n. Doesn't it look funny? Those Indians cannot be said to possess more of the big "I" than is needed.

The Crow Indian Boarding School, Montana, has an attendance this year of 131 pupils, which is over 33 per cent more than any former attendance. From a recent letter from Superintendent Frank Terry, we judge that the school is in a prosperous condition.

"Uncle Sam" is now pumping out the cistern by the hospital. All the cisterns, 5 in number, are pumped dry and thoroughly cleaned once a year, generally during the winter, and then when they fill up with the melting snows and rains of winter we are blessed in the summer with the best and purest drinking water of any community around. The school is well supplied with hydrant water, such as the town depends upon, but in the hot summer months the cool cistern water is much better and purer, and answers very well for drinking, without ice.

We have never taken outside jobs, having plenty of all sorts of blanks and circulars for the school to keep us more than busy, but being called upon to print a few visiting cards, they fell into the hands of good judges, who gave them a good name. It is a very little more work when press is made ready for one card, to print hundreds, hence for a limited time we are ready for as many orders as the outside may give, at the rate of 25 cents for 10 cents; by mail 12 cents.

According to the El Reno Herald the Cheyenne School at Darlington, Oklahoma, was the scene of an interesting wedding, on Jan. 29th, the contracting parties being Miss Woxie Haury, of the Arapahoe tribe, who has been carefully trained from early childhood in a well-to-do German family, of Newton, Kan-

sas, and now occupies a Government position in the school, which she most creditably fills, and Mr. Edward Williams, also an employee who was trained in Government schools, first entering the Cheyenne school when he was three years of age. Both are held in the highest esteem and affection for reliability and many attractive qualities. The ceremony was performed by Rev. J. S. Krehbiel, of the Menonite Mission. Among the guests present we recognize the names of several of our old pupils—Mr. and Mrs. Casper Edson, Mr. and Mrs. J. Williams Mr. Cleaver Warden, Mr. Kish Hawkins, Mr. and Mrs. Grant Left-Hand.

The first Baptist Church of Chicago is taking a substantial interest in Indian matters. Why shouldn't it? They have an Apache Indian member in their very midst (Dr. Carlos Montezuma). Through him the HELPER is getting a good circulation in Chicago, particularly among the members of that Church. He says: "You can depend upon the First Baptist Church of Chicago, everytime." He speaks feelingly of the time when he was a captive boy with no shadow of a friend interested in his people. "Then how happy I would have been," he says "to have known of such a place as Carlisle."

Many times, a printed card, if printed neatly in such fine plate script as we now have, is just as good as an engraved card. The Indian printers will print 25 cards for ten cents; by mail 12 cents. Or, ten will be sent FREE for one new subscription and two cents extra for postage. No attention will be paid to orders for cards which are not accompanied by the extra 2-cents for postage.

Our new laundry is such a success, especially the shirt ironer, that the large boys' shirts and collars have increased over a hundred this week. Many a penny from the pockets of our young gentlemen went into the steam laundry of town for the sake of a nice shiny collar and shirt front for Sunday.

Mrs. Bowersox and son of Middleburg, mother and brother of our Miss Bowersox, who has been quite ill, with more than a severe cold, for two or three weeks arrived on Tuesday evening, and found her looking better than they expected to see. We are pleased to be able to report that she is steadily improving.

"The Cumberland Advocate," of Wisconsin, in reprinting the little note we made last week of the fact that Charles Roberts is fast becoming a typo, wishes him abundant success. The Advocate is far above the average western paper in typographical neatness, and we are pleased that he has such a worthy standard as the Advocate to emulate.

An object of great interest to Master Brewster Gallop's many Carlisle friends is a recent photograph just received by his aunt Mrs. Thompson. He is in strict military garb and stands with all the dignity of a real soldier.

A reservation teacher writes in a friendly letter: "We have very intelligent Indians here, but as fast as we do something for their advancement, just so fast does the reservation system kill it."

For the souvenir, containing 60 prominent views of our school, send ten subscriptions, and 2 cents extra for postage.



Miss Sharpe is again on duty.

The school is again in its usual good health.

Miss Cummins is teaching in the Normal room.

Miss Quinn is doing desk work in Miss Ely's office.

Crokinole appears to be on the boom in the boys' quarters.

Miss Cochran's cousin, Mr. George Thompson, was her guest on Sunday.

Mrs. Thompson, of Milroy, was here on Tuesday, a guest of Mrs. Bakeless.

Miss Marie Worthington, was a guest of Mrs. Given at dinner, Saturday.

Rev. G. M. Booth, of Spokane, Washington, was one of the interested visitors on Tuesday.

Baby Wheelock is now frequently seen in his carriage on the walks. He has grown wondrously fast.

On Saturday, several of the upper classes with their teachers took a fine sleigh ride in big sleds drawn by four horses.

Do. a Chaendee, says by letter that she is quite well and enjoys her work at the Rainy Mountain School, Anadarko, Oklahoma.

Mr. Gardner and his boys have made a most complete framework upon which to display our drawing exhibit for Commencement.

Miss McCook's wheel arrived from Philadelphia on Friday, and she has already enjoyed several rides upon our granolithic walks.

The monthly school exhibition will come on Monday evening, and the exercises will be appropriate to the occasion of the anniversary of the birth of George Washington.

Master Chauncey Ives, of Chambersburg, was a guest of Miss Senseney, on Saturday. He subscribed for the HELPER while here, and will make a study of the Indian question, along with his research in other lines, for he is said to be a great student.

Dr. Montezuma has developed a new talent. In addressing a letter to the Man-on-the-band-stand, he sketched the stand from memory and placed the man on it. Had he so directed his envelop we are sure the letter would have reached its destination, for the likeness is so striking.

The pupils gave Mrs. Berry a rousing cheer when she entered the dining hall last Monday. She had been out calling at the school, and was accompanied by her mother, Mrs. DeRussy, who has been visiting a daughter, wife of the Professor of military tactics at Yale. Mrs. DeRussy was on her way to Washington, D. C. to visit another daughter, wife of Capt. Clarke of the Artillery.

A reading circle has been organized to take up the course of reading suggested by the department for the Indian school service. Part of the work will be done in connection with our regular teachers' meeting. All interested are invited to join the circle, and read the course. The circle meets fortnightly. Every worker on the grounds would be benefited by the careful reading of this course. Books will be ordered soon.

Commencement is announced for the 9th, 10th, and 11th; of March.

The Band goes to Shippensburg to-night, to give a concert in the State Normal School Auditorium.

Monday will be Washington's Birthday and a holiday for those who haven't too much to do to take advantage of it.

Miss Wood, teacher of Haskell, has gone to Treuton, New York, for a time. She intends returning to Haskell after a few months.

The sleigh riding on Saturday night was fine and the moonlight gorgeous. Several parties took advantage of the same.

We see by the Homer, Nebraska, papers that ex-student Frank Mott is taking conspicuous part in the Omaha Creek Valley Lyceum.

Elmer Simon, class '96, is attending State College, Indiana, Pennsylvania, intending to work his own way through as nearly as possible.

Mr. and Mrs. Mason Pratt, of Steelton, spent Friday afternoon and night on their old "hunting grounds," the Carlisle Indian School.

A little bird from New York State brought the encouraging news that Walter LeRoy Kennedy, class '96, has secured a Government position in South Dakota.

The Harrisburg Independent says: Probably one of the most dangerous Indian outbreaks in recent years is reported from Carlisle. The cause of this rash act is the measles.

Ah! but we are over them—M. O. T. B. S.

Who is the neatest and most careful girl on the dining-room detail? Why! the very least—Sava Awatum, a Pima, whose table is always a model, and who has not missed even a teaspoon, but once in six weeks, and that was soon found.

Arthur Twostrikes, of Rosebud Agency, S. D., who has been many years away from Carlisle is at the St. Francis Mission. He says he has been ill, and "almost came near to death." We are glad to read at the close of his letter that he is getting well again.

Mr. W. A. Kelley, Superintendent of the Government Schools of Alaska, was a guest for a few days this week. He seemed particularly to enjoy the roominess of our plant, and inquired specially into the details of our workings as an institution of learning.

Miss Florence Bursk, who is a little but great friend of the Indian boys and girls and of the Man-on-the-band-stand, does not believe that she got the measles through the INDIAN HELPER. And the M. O. T. B. S. does not believe so either. The INDIAN HELPER carries the news; it does not carry the measles, does it? The school got the measles from town, really.

On Saturday evening after English Speaking, a pleasant sociable was held in the Y. M. C. A. hall and gymnasium between the young men of the Y. M. C. A. and the young ladies of the Kings' Daughters. A side remark was overheard: "Isn't it astonishing what a wonderful and sudden increase in their membership the Y. M. C. A. have reached to-night?" Anyhow, all who participated enjoyed the evening, and THAT'S all right.



FOR THE INDIAN HELPER]

COOKING WITH ONLY ONE KETTLE.

My object in writing these Alaskan experiences is not merely to give you some information, or to satisfy your curiosity, concerning travel, but to convey to you some helpful and moral thought in your student life. In this letter, therefore, I tell you an incident which is somewhat suggestive, and not altogether humorous.

About the middle of last August, an intimate relative and myself arranged to leave home at New Metlakahla to go north to Tongass Narrows on a business trip, in a small sailing boat. The distance we had to travel was only fifteen miles, and we were to be away about two days.

Before we started we furnished ourselves with some things needed for the trip, and among these were victuals, blankets, cooking utensils, and a Winchester rifle.

The day was fine and the sun was shining very brightly. At first there was a breeze when we started at ten o'clock in the forenoon, but that soon ceased to blow, so we were obliged to use the oars most of the way.

At noon we wanted something to eat, so we made to the shore. We landed on a sandy beach near where a stream was running. After the fire was built, and, opening the box of provisions, we discovered that all of our cooking utensils, except a small tin tea-kettle, were left at home.

"Well, Sam, what are we going to do about it?" I asked.

"I think, Edward, we will go right on and make the best we can out of that kettle," thoughtfully replied my relative.

The reason of my question was, that we had supplied ourselves with some victuals that must be cooked, and it would not add to our pleasure to have simply boiled coffee and crackers. So we went right on and did the best we could out of that one kettle.

First we boiled some peeled potatoes, then rice, then salmon, then an ingenious combination of boiled potatoes, rice, canned mutton, and something else, then coffee and lastly hotwater for dish washing! You must remember that I am not a graduate of any cooking school.

In each course we had to wash and scour the kettle for the next. We first helped ourselves with the rice, and when we had relished it the salmon was almost ready. After a little patience, potatoes and salmon were next served, and while some of this was being consumed, the combined elements were ready, which were soon followed by the last thing of the menu, namely, hot coffee.

We enjoyed the whole thing very much, and the dishes and the kettle were washed when we again embarked to pursue our trip. We reached our destination, transacted our business and returned home in due time.

This incident has often reminded me since then that once in a while in our daily struggles we are obliged to cook our intellectual and financial meals with only one kettle.

When I see a student toiling to attain some worthy object in view, but has many disadvantages around him, and in spite of these disadvantages he goes right on and makes the best he can to his profit and usefulness, I am reminded that he is cooking with one kettle for which he deserves our sincere respect and good sympathy.

I do not think it is a disgrace to be obliged, once in a while, to be driven to an extreme hardship. Rather, this has developed in some of our unpromising lives a true sense of gratitude, of humility, of faith. It has often given us ingenuity, usefulness and the other elements of true manhood and womanhood.  
EDWARD MARSDEN.

Here at Hampton, a graduate is so associated with education in the minds of the pupils that, in speaking of a graduated cylinder an Indian in all sincerity, called it an "educated cylinder," and wondered why the class smiled.—[*Southern Workman*.]

It is kind o' nice to have a cold, feel a little mean and have special attention and sympathy of friends, as well as a little extra diet, but remember, nearly all colds come about by CARELESSNESS, and one never knows where a cold will end when it takes hold of a person. Most of the severe sickness in the land and much of the death can be traced to colds. We need not be thinking about ourselves all the time, but when tempted to do a foolish thing, such as going out in the slush and wet without overshoes, wearing sweaters at improper times, changing from heavy to light underwear in unsettled weather, going out without extra wraps we should be very thoughtful and do the best we know. Inasmuch as we KNOW what to do and what NOT to do, happy are we if we DO what we ought and do NOT do what we ought not to do.

Enigma.

I am made of 18 letters.  
One day a lady had her 13, 4, 5, 17, 11, 5 out on a parade.

He saw a 7, 8, 9, and 15, 3, 12 after it.  
The lady took 16, 13, 1, 2 from her dress, and 13, 6, 9 it 10, 12 her handkerchief so as to remember the naughtiness of her 13, 4, 5, 17, 11, 5 for it was such 15, 14, 7, 18 conduct.

My whole is wha 200 of the Callisle Indian boys are looking forward to with happy anticipation.

ANSWER TO LAST WEEK'S ENIGMA: Harrisburg.