VOL. VIII.

FRIDAY, JANUARY 13, 1893.-

NO. 17

A GRAPHIC WARNING.

THE ranks of life's battle are open to all, the lowly as well as the great, and though in the conflict full many must fall, you may reach to an honored estate. Press up to the front, with a resolute mind, and struggle with all of your might, or soon to your confushame and sion you'll find you are but the tail

o f the k +

-Kate Field's Washington.

CURIOUS AND AMUSING ANSWERS FOUND IN INDIAN BOYS' AND GIRLS' HYGIENE EXAM-INATION PAPERS.

The following answers were funny enough to proyoke the risibilities of the Man-on-theband-stand, who thought in turn that the readers of his little paper might possibly enjoy them, too, while using the opportunity it would afford them to study the difficulties in language with which the Indian schoolteacher often has to contend.

The boys and girls who made these mistakes are in the down-stairs grades, and show by the character of blunders that they did not quite catch the idea of the question. It is also appearent that if these same boys and girls were a little more attentive when the teacher was explaining a lesson they would do better work.

Many of the pupils in these grades, however, are struggling hard to master each day's lessons and are succeeding in such a manner that the Man-on-the-band-stand predicts that they will reach the upper rooms before long and do even better than some who are there now. Some time we will look over the upper grade papers and see what?

The answers in this instance gathered from a number of papers run thus:

Question. How are muscles fastened to the bones?

Ans. Muscles fastened to elastic.

- Q. What will make the muscles weak?
- A. Alcohol, tobacco muscles make the laziness weak.
 - Q. What are muscles?
 - A. Muscles to hold the bones not drop it.
 - Q. What are the largest bones?
 - A. The largest bones are the legs and feet.
- Q. What is the only bone in the head that moves and what kind of joint has it?
- A. The only bone in the head that moves is the inner ear.
- Q. What joints give the greatest freedom of motion?

 - A. Arms and legs.
 Q. How are joints kept in good order?
 - A. We must take exercise.
 - Q. How does lime affect the bones?
 - A. Lime does affect move them bones.

EXTRACTS FROM ANSWERS COVERING THE QUESTION.

Involuntary muscles are those which we can move as we wish-as the heart.

Muscles are that we move by means.

Alcohol and tobacco are makes the fats of the muscles weak.

The bones most filled with frishe or nerves. There are 40 bones in the spine. They are fastened together by up joints.

(Continued on Fourth Page.)

THE JNDIAN HELPER.

PRINTED EVERY FRIDAY. —AT THE—

Indian Industrial School, Carlisle, Pa., BY INDIAN BOYS.

** THE INDIAN HELPER is PRINTED by Indian boys, but EDITED by The man-on-the-band-stand, who is NOT an Indian

PRICE:- 10 CENTS A YEAR.

Address Indian Helper, Carlisle, Pa.

Miss M. Burgess, Manager.

Entered in the P. O. at Carlisle as second class mail matter.

THE INDIAN HELPER is paid for in advance so do not nesitate to take the paper from the Post Office for fear a bill will be presented.

We hear that Robert Mathews, one of our old "prints" has joined the Union, out west.

Levi Levering writes from his College home at Bellevue Nebr. where he has just arrived after a ten days' visit at Carlisle, that the snow there is very deep and sleighing and skating good.

Mr. Thomas H. Stanley, a friend of the Indian of long standing, is travelling in California and other Pacific Coast States, and recently called upon Dr. Grinnell and family, formerly of Carlisle.

Samuel Gruett who went home last summer and went at civilized work for his father rather too savagely for his own good has gotten better and expects to return to Carlisle shortly to finish his course.

It is said that Charlie Dagenette and Esther Miller have married. The report may be only a rumor. If true, the Man-on-the-band-stand with many other friends at the school wishes them much happiness and a long prosperous life.

Mark Evarts paid the school a short visit. He hardly knows whether he is sick or not, but has gone back to his place in Philadelphia to try it over again and find out. Mark calls off the streets of the great city as glibly as an old residenter. He says he nas a good place in the harness shop of a Friend.

Dr. Carlos Montezema, one of those blood-thirsty (?) Apache Indians of the South West who graduated from the Chicago Medical College, and who has been practicing medicine among the Indians at the Western Shoshone Agency, Nevada for some years, has recently been transferred to the Colville Reservation, Washington. The Man-on-the-band-stand can but wish that his friend, the Dr. would tear himself from the allurements of a Government paid position, set up his shingle in some Eastern city and help civilize those white people who think that Indians "can't learn nothin"."

The wood cutting class taught by Miss Botsford on Saturday mornings has been in operation long enough to demonstrate the utility of the enterprise. The class consists of five boys and five girls and the object is to teach the use of tools, such as the marking-gauge, tri-square, knife, etc. and to give the pupils an opportunity to gain an insight into the rudimental principles governing simple nechanics. Taste is developed, and the inventive genius of the pupils brought out in making small articles for use and ornament. Pupils who have had carpenter-shop experience are not in the class. Miss Botsford is pleased with the progress they are making and the interest manifested. She says that the girls are especially interested, and the Man-on-the-handstand can testify that they are particularly bright, judging from a handsome paper knife presented to his chief clerk by Sarah Smith a member of this class.

If every one of the five hundred Indians present last Saturday night at English Speaking meeting could take in and act upon the splendid truth as heard from the platform, there would be no more Indian question in a short time. Why don't we? Why dilly-dally and wait till three or four more generations of us die off in our stupid adherence to old Indian ways before accepting the only means by which we can be saved? We and our children and our children's children are all DOOMED until we can see our situation in exactly the light as presented to us then. The very DAY we take the wise road prescribed we will have started toward our own salvation as a people, and not till then. Why wait?

The Man-on-the-band-stand gave to each of his printers a trifling Christmas present: Two of them evidently thinking that the old gentleman is a Friend endeavored to address their thanks in the plain language as follows: The first writer says: "I received your gift and thank tnee very much for remembering me. I can do no more than thank thee and wish thee a Happy New Year, and hope that thou will another year remain on the Band Stand" The other note says: "I take the opportunity of writing a few lines to you, in order to thank thee for the Christmas gift that you gave me." The Man-on-the-band-stand was so overjoyed at receiving these affectionate words of gratitude that he shed his bandana handkerchief full of tears while smiling tenderly at the mix in the use of "thee" and "thou."

The best part of one's life is the performance of his daily duties. All higher motives, ideas, conceptions, sentiments in a man are of no account if they do not come forward to strengthen him for the better discharge of the duties which devolve upon him in the ordinary affairs of life.—[Henry Ward Beecher.

If we keep well and cheerful and the mind constantly active, we never grow old. By and by we get to the end of the journey, but we never grow old.

Richard Y. Robe writes from Rosebud, Dak, that he is not only well and strong, but that he has been engaged to work at the Agency.

How is your temperature?

Sleighing now is better than skating.

Phillip Lavatta, after a little touch of La Grippe is again at the case.

O, for a spanking team and a nice new cutter, just big enough for two!

John Ground has been somewhat under the weather, but is again on duty.

weather, but is again on duty.

William Denomie has joined the printingoffice corps to learn to stick type.

Some of the boys fell into the spring when venturing on ice that was a little too thin.

A warm wave will be more than welcome after the terribly cold snap of the past week.

Timothy Henry who visited his home during the holidays and buried his dear father while there, has returned to the school.

Coasting, of which there is not ever a very big supply at Carlisle, has been enjoyed during the last cold snap.

Miss Ely has been laid up for two or three days with a crick in her back. She declares it is no joke to have cricks this kind of weather.

Some of the classes have had to double up to keep warm. The teachers and pupils in cold rooms went in with those who occupy warm rooms, for a day or two.

The Letort Spring is frozen over so that the boys find skating upon it. This has never happened before since the Carlisle School opened, over thirteen years ago.

The new steam whistle at the Freg-works near the Junction must be practicing to vie with next Spring's bull-frogs. It has a woe-begone wail at present but we hope to hear some improvement before its brother frogs come to life.

Our school was favored last week with a visit from Superintendent Meserve of the Haskell Institute, Lawrence Kans., where there are nearly as many Indian boys and girls as at Carlisle. He was on his way home from Washington.

The pretty plants in several of the school-rooms have been bitten by the cold. What a pity, as flowers and plants add greatly to the cheerfulness of the school-rooms.

Those beautiful jonquils from Beaufort were nipped by the frost Monday night

The Captain, Miss Fisher and Miss Fly were the recipients of unique and pretty New Year's remembrances from Miss Anna Thomas a Carlisle ex-student who is teaching at Keam's Canyon, Arizona. The Captain's gift was a Navajoe blanket, hand woven by the natives of that country, and the others were looms with blanket half woven and the rude shuttle in the threads to represent how the artistic feat is accomplished. The genuine Navajoe blanket is woven of fast colors, is water-proof, and lasts for generations. The art of weaving was undoubtedly learned from the Mexicans ages ago, and the question naturally arises, if a people surrounded by only a partially civilized race can gather an art so useful, what may they not learn if placed in the midst of a civilization recognized as the highest in the world—the civilization of the Anglo-Saxon race in America?

Julia Given's buckwheat cakes can't be beaten.

Solomon Collins is our authorized agent to sell "Stiya."

The United States chewed 85 tons of tobacco in the year 1892.

Mr. Claudy was confined to his room with a heavy cold yesterday.

The retiring disposition of the mercury to below zero is not particularly pleasant to early risers.

"It is pretty slip, and by morning it 'll be pretty danger," is the way one of the boys expressed it.

Mark Evarts is so tall that when he comes to see us he says he has to sleep across the corners of our beds.

A spring in this section of the country appears to mean a stream of water two or three miles in length.

A select party at Mrs. Campbell's consisting of guests from town and a few from the school was one of the occasions of the week.

A business postal from Hattie L. Wolf, class '92, who is still at Madison, S. Dak., attending Normal school, says she keeps well and happy, although there is a great deal of sickness in the town.

The newly elected officers of the Invincible Debating Society are: President, Fred W. Peake; Vice President, William Leighton; Secretary, William Denomie; Treasurer, Jos. B. Harris; Reporter, Julius Brown; Sergeantat arms, Star B. Boy.

A select few were invited to and participated in a candy-pull at Miss Nana Pratt's on Monday evening, enjoying the occasion immensely, even though hands were blistered. Palmistry was indulged in as a part of the fun, but whether that came after or before the blisters is not known.

Wilkinson Johnson went to his New York home last Monday in ill health. Wilkinson was one of the leading band boys. He formed during his short stay with us warm friends who esteem him as a worthy young man in every particular. He is sensible, ambitious, good and faithful, and we regret to lose him from our midst.

Ask Mr. Walker how he likes cold weather when the pipes freeze up, especially when obliged to crawl under kitchens, back buildings and other disagreable places. A kitchen girl treated him to a dose of potatoe skins and water, the other day when he was fixing the drain. He is not partial to such remembrances in mid-winter.

When a baker boy comes around the corner riding a forlorn mule, and is seated as near to the tail of the creature as it is possible to sit and stay on, and when at the same time he carries an umbrella which dodges the scattering flakes of snow as they fall, the sight is quite sufficient to make a canine smile to say nothing of the individuals who chance to gaze upon the ridiculous picture. And, to see an Indian boy with his dress-parade white gloves on, and umbrella stuck in the neck of his overcoat shoveling snow, is somewhat amusing.

(Continued From First Page.)

The skeleton is the flame work of the body. The most bones is back bones.

The largest bones is skull.

The head is fastened together by hinge

There are 24 bones in the spine. They are fastened together by cushions.

The center of nerves is the brain and hat.

The sense nerves is you smell and hear and teste.

By nerves of sense we see, hear taste, swell, smooth, rough, and soft, etc.

The back part of the head is the seat.

By nerves are the sense we see hear smile taste and tough.

The brain is the seat of the head.

Good food flesh air exercise of rest make the nerves strong and steady.

Tobacco, alcohol, fresh air, exercise and rest make the nerves strong and steady

The front teeth is to bite of and the back teeth grind it up.

CURIOUS BELIEFS OF THE INDIANS.

The following taken from a little paper set up by Indians, printed by Indians and edited by Indians no doubt can be vouched for by the self-same Indians. At any rate, the Manon-the-band-stand has enough of Indian in him to be able to vouch for the truth of most of it:

Some of the Indians used to believe that if one sees a shooting star and tell another person, he will be found out when he tries to hide after defeat in battle.

That if a hen crows like a rooster, one of the people who heard her or one of their relatives

will die, unless he kills the hen.

That if a dog climbs a tipi, one of those who live in the tipi will die, unless they kill the

That if one sneezes he must say, "I don't feel like it.'

The reason of this saying was because the being who decided who was to die next, mentioned their names for the next one to die.

Every time they sneeze it was because they being asked if he wants to die. -[Talks and Thoughts.

JOHN SANBORN AND SAMUEL TILDEN.

From the Berwick Independent, we see these words about two of our boys; the latter, however, spoilt his good record by persistently disobeying his employer in regard to lighting the lantern in the barn, as well as some of the essential rules of the school, governing out-pupils. He was brought in and court martialed, but before that we saw the follow-

The audience particularly enjoyed the re-

citations by the two students from the Carlisle Indian School who are living with Messrs. Kishinka and Michael. The recitations of these boys were something new, and, we might add, a revelation.

Samuel Tilden, who is a Nes Perces and belongs to the tribe which is ruled by the renowned Chief Joseph, recited the beautiful poem entitled "For Jesus," while John San-born, who is a member of the Gros Ventre tribe—whose reservation embraces the Milk River country in Northern Montana-closed the exercises with a masterly delivery of Will Carle on's charming poem entitled, "The Christmas Party."

Take into consideration that Mr. Sanborn has been but two years at this famous institu-tion, we can look upon the rendition of this poem-which contains nineteen stanzas, and which he enunciated in good plain English—as marvelous. This boy attends the Martz-ville school and is said to make good progress.

Enigma.

I am made of 11 letters.

My 7, 9, 6, 11 is a space between hills. My 4, 5, 8 is a domestic animal that Indians are learning to make proper use of.

My 2, 3, 9, 1 is something of which we all enjoy a goodly quantity at certain seasons; about now for instance.

My 4, 9, 10, 3 is a place not far distant from Carlisle that the Indian boys frequently visit and enjoy

My whole is something that caused quite a stir at Carlisle this week.

ANSWER TO LAST WEEK'S ENIGMA: Skating.

STANDING OFFER.

Premiums will be forwarded free to persons sending subscription a

Premiums will be forwarded free to persons sending subscriptions for the INDIAN HEIPER, as f llows:

2. For two subscriptions and a 1-cent stamp extra, the printed copy of Apache contrast, the original photo. of which, composing two groups on separate cards, (8x 10), may be had by sending 30 subscriptions, and 5 cents extra. Cash price 60 cents for the two. (This is the most popular photograph we have ever had taken, as it shows such a decided contrast between a group of Apaches as they arrived and the same pupils four mouths later.)

3. For five subscriptions and a 1-cent stamp extra, a group of the 17 Indian printer boys. Name and tribe of each given. Or, pretty faced pappoose in Indian cradle. Or. Richard Davis and family. Or, cabinet photo. of Piegan Chiefs. Cash price 20 cents each.

4. For seven subscriptions and a 2-cent stamp extra, a bondoir combination showing all our prominent buildings. Cash price 25 combination showing all our prominent buildings. Cash price 25

combination showing all our prominent buildings. Cash price 25 cents.

5. For ten subscriptions and a 2-cent stamp extra, two photo graphs, one showing a group of Pueblos as they arrived in their Indian dress and another of the same pupils, three years after, showing marked and interesting contrast. Or a contrast of a Navajo boy on arrival and a lew years after. Cash price 20 cents each.

6. For fifteen subscriptions and 5-cents extra, a group of the whole school (9x14), faces show distinctly Or, 8x10 photo, of Indian baseball club. Or, 8x10 photo, of graduating classes, choice 89, 99, 91, 792. Or, 8x10 photo, of buildings. Cash price 50 cents for school, 30 cents for Sx10's.

8. For five and saven subscriptions respectively and 5 cis. extra for

For school, 30 cents for \$x10's.

8. For five and seven subscriptions respectively and 5 cts. extra for postage, we make a gift of the 6½ *8½ and 8x10 photos of the Carlisle School exhibit in the line of march at the Bi-centennial in Phila. Cash price 20 and 25 cents

9. For fitteen subscriptions and eight cents extra for postage, a 13½

216 group photo of 8 Piegan chiefs in elaborate Indian dress. This is the highest priced premium in Standing Offer and sold for 75cts. retail. The same picture lacking 2 faces B udoir-size for 7 subscription, and 2 cents extra. Cash 25 cents.

Without accompanying extra for postage, premiums will ust be sent.

For The Red Man, an 8-page periodical containing a summary to all Indian news and selections from the best writers upon the subject, address Red Man, Carlisle, Pa. Terms, fifty cents a year for walve numbers. The same premium is given for ONE subscription and accompanying extra for postage as is offered or five names for in WELPTR