## WORTH WHILE.

${ }^{\circ}$T is easy enough to be pleasant, When life flows by like a song, But the man worth while is one who will smile
When everything goes quite wrong.
For the test of the heart is trouble,
And it always comes with the years,
And the smile that is worth the praises of earth
Is the smile that shines through tears.
It is easy ennugh to be prudent.
When nothing tempts you to stray,
When without or within no voice of si,
Is luring your soul away
But it's only a negative virtue
Until it is tried by the fire
And the life that is worth the honor of earth
Is the one that resists diesire.
By the cynic, the sad, the fallen,
Who had no strength for the strife,
The world's highway is cumbered today.
They make up tha items of life.
But the virtue that conquers passion.
And the sorrow that hides in asmile.
It is these that are worth the homage of earth
For we find them but once in a while.

- Selected.

SOME WHO DO NOT WORK, BUT MERE-
LY GO THROUGH THE MOTIONS.
Have you ever seen men and boys and girls and women, too, who go through their work ase though they had no heart in it?
The Mau-on-the-band-stand has.
He sees such a boy at the shoe-maker's bench this minute. $\mathrm{H}^{-1}$ is actually working hard to AVOID work!
There is a young man in the tin-shop, too. Look at him kill time! He goes through the motions, but where is his heart?
There is one in the carpenter-shop! See him saw! He is only going through the motions. He is not trying to see how fast and how well he call do his work so as to get a
harder piece to do next time at which he may learn somerhing new.
Just so in the black-smith shop!
And so in the harness shop, the tailor-shop, the paint-shop, the printing-office, at the outwide work there is an occa-ional boy who goes through the MOTIONS having no HEART in his work.
And the girts! Do they have the same trouble?
Yes, there is one in the dining hall who doesn't half wash her dishes.
Ant do look at that girl sewing! She pushes her needle through the cloth, but she accomplishes nothing. She merely goes though the motions.
The girl at the ironing table over there is the same.

As many as three girls in the quarters we see, who are merely making the motions, having no heart in what they are doing.

Is it so with sturies, too?
Yes, in a measure.
Now and then there is a lazy doless sort of a boy who don't care whether he has his lessons or not.
Look at him! His lips are going as though he were studying, but he is not. He is only going through the motions. His mind is away off.
Thank fortune! The Man-on-the-band-stand, in his rounds, does not see many such drones in our school.
Most of us at Carlisle have found out it DOES NOT PAY to merely go through the motions.
If we expect to get ON we have found out that we must work as though we meant BUSINESS!
We have found out that the persons who esucceed are the ones who do their whole duty at all times.
And we have also found out that these go-through-the-motion p ople are the only ones who beeome professional grumblers.

## The Jndian Helper

PRINTED EVERY FRIDAY.

- AT THE-

Indian Industrial School, Carlisle, Pa., BY CNOTAN BOXS.
कृHE INDIAN HELPER is PRINTED by Iudian boys, but EDITED bv The man-on-the-band-stand, w no is NOT an Indian

## PRIGE:-10 CENTS A YEAR

Address Indian Helper, Carlisle, Pa. Miss M. Burgess, Manager.
Entered in the P. O at Carlisle as second class mail matter.

The Indian Helper is paid for in alvance so do not nesitate to take the papir from the Post Office for fear a bill will be presented.

Charlie Moncravie a cousin of Emma Fuller, and Joe Big Wolf from Indian Territory, are visiting at the school.--Pipe of Peace., Genoa, Nebr.

A business letter from Mr. E. H. Funk, Agency Clerk, at White Earth, Minn, closes with the friendly sentence, "Quite a number of pupils from here are/attending your excellent institution and am pleased to hear from them."
"When a fellow is all right himself, everything goes all right," was the sen-ible remark that the Man-on-the-banci-s and overheard one of the large boys saying the other day after he had experienced a little trouble and had made up his mind to be a man.

By the Boston Advertiser we see that Miss Nellie Carey, who is under instructions at the Massachusetts General Hospital, and Miss Lilly Cornelius, who is attending the Girls' High School in Boston, both ex-students of Carlisle, spoke before a large audience gathered at the Women's Headquarters of the Mechanies' Building, Boston, last Thursday.
Mr. Robert McFadden, Secretary of the Educational Department of the Brooklyn Y. M. C. A., a friend of our school whom many of our pupils know and love, is studying law in the Columbia Law Sehool, and is regit tered in Carter, Pinney and Kellog si.ffice which is said to be the finest office for young men in New York City. Mr. McFadden's friends at Carlisle are pleased to know that he is enjoying his work and join in wisbing bim unbounded success.
Thos who have bought the book "Stiya," which is a graphic deseription of the trials of a litule girl who went from Carli-le to her home after several years in school, have liked the story very mued. It is ouly fifiy cents, (fifty-seven cents oy mail) and has a number of illustrations showing the queer Pueblo homes from which some of our pupils came. The book would make a very nica Christma* present. All orders will be attendea to promptiy. Address HELEEER.

## CONSTANT

## HUSTLING

## SUCCESS.

This is the way a certain business envelope comes to us and the sentiment is so true that we copy
A subseriber from Michigan in sending for the Helper to be sent to a friend, says: "I think that there are many nice things in the paper that will be good for Yankee boys as well as for Indians, and it will be a good fling for the young folks to learn omethiny about the Indian mone thum thes can by reeing them come to town t.. . 11 h ha ir ha-k is or brrvies."
Through a privice celter we learn that Miss Katie Grindrod who is at the Woman's Hospital, Philadelphia under instruetions, is still doing remarkably well. The writer says, "I am proud of the plucky little girl." Phehe Howell was also 4 poken of as being in a plase that will develop all the talent shle has. Ph be is at the Maternily Hospital, of Philadelphia, having received a diploma from/a regular training school, last year.
Mr. E. G. Routzahn, junior secretary of the Dayton Young Men's Christian Association is an esteemed friend of Mr. Marsden, our MetIakatlah Priend w o is at Marietta College. Mr. Marsden says in a recent ler'er, that Mr. Foutzhan "stands firmly for the evangelization and education of the fodians, and endeavors to stir the interent of his f-llow Ohio workers for the cause."
Rose Howell who is out ill Denver, writes P. r Nample roplies of the HELPER for. dis rbution among tier friencis and we are glad to send them to her. How splendid it is 10 have the courage to stay off that way by herself, as she and a host of our brave girls are doing, showing to the world that Indian girls have the stamina which makes us ful women.
"I have no rubbers," in the ory when a boy or girl is caution do to keep dry feet. My dear sirand miss, il you har saved a litule of the money you op ni for foolish thimgs you milhit now have a pair. The Government generwusly provides overshoes for our pupils but sometimes they are not on hand when most needed, BUT a wise boy or girl keepa looking ahead, and is ready for wet weather, when it comes.
Those who have entered the contest for the the twenty-five dollar- mav send in -ubseriptions at any ime or k ' p th m till $1 / 1 / \mathrm{y}$ get as many as they can belore the firat of January it is an easy and a very plearant way to earn a possible twent, five dolar eneck, as nearly every one would take a ten cent paper if asked just right. And then, two. you are almost sure to obrain something for your work forsth last offer is it I per cent of the receipts to the ten persons having the highest number of subseriptions after the first three highest.

[^0]Roger \&ilas is now morning mail carrier.
Now is the time to look a litule out for wet feet.

The first snow of the season came Wednesday.

Malpass Cloud has gone to his home in Michigan on a visit.
Mr. Williams, of the Tuscarora Reservation, N. Y., is visiting his son Hayes.

Benjamin Caswell is playing on the Dickinson College foot-ball team.

Humph!!! Do look at that fellow sweeping leaver, with white glovepon hi- hands!

Herbert Goodboy says his name is Herbert Littlehawk now. Untike a ladv, he changed his last vame without ge ting married.
Lilly MeDougall, Katie James, A mmi Medicine, Richard Sanderville and Nimrod Davis ave gone to their respective homes in the - ast. Some of them on account of ill health.

No subseriptions will be counted for the vize (ffer unle-s the words "Contest Letter" ve at the head of each letier containing subseriptinns. Seud for regulations governing the contest!
George McDonald a little Creek boy came early Monday morning. He is getting to be quite a traveller as this is the second time he came alone from the Indian Terricory to try Carlisle, and he is a very small boy, at that.

The Rovers were beaten at Foot-ball by the team that has no name, 6 to 0 , on Saturday afternoon. It was called a good all-around game. No necks were broken, but some were pretty sore before the game was over.

The school is again supplied with singing buolis - 'Sings of Praise through Carliale's beloved friend Susan Longstreth. Let us show our gratitude by taking the best of care of tuem.

A cock which stood over on Oak Hill, two miles ffom town, erew so vociferousiy over the Cleveland vietory that some of his tail feallers wer wafted with the snow storm on Wednesday to the very portals of ye M. O. T. B. S.'s airy residence.

Miss Hamilton has gone to Kansas to sojourn among friends in a search for much needed rest. Miss Hamilton has charge of the Normal Department of our school which will be carried on during her absence by the pupil teachers she has so thoroughly trained.

Mr. Joseph B. Harris, of Gros Ventre exiraction, and the foreman of the Carlisle Indian School Printing effice cast his first vote, ast Tuesday Richard Davis was the only oller Indian thar voled in these parts although sevelal were entitied to.
There is plenty of time $y$ et to enter the contest for the twenty-five dollars offered a few weets ago to the one sending in tie most subseris i ins thefore the first of January. Senai in the names at any time and a car ful count will b. kept if at the head of each letter is found the words "Contest Letter."

The young gentleman who answered his Hygienic question What effect has tubaceo and alcotiol on the nerves? by writing "It makeans wicked," eame nearer the truth than many people are willing to admit, although the answer was noi exactly what the twacher expected.

Felix Iron Eaglefeather who suffered ve $\mathbf{y}$ severely for a few days with an acute attack of indigention is again unt of the hospital.

The band was out on Monday aftermonn, in honor of the return of Capt, and Mrs. Pratt. It was th-ir first appearauce since Chicago.

In No. 12, one recitation period on the day after election was ocerpled in discuesing Free Trade and Protection. There were good speeches on both sides.

Capt. and Mrs. Pratt returned from Dakota on Monday morning, bringing with them 5 boys and 9 girls. The friends of Herbert Goodboy, Adelia Lowe, Nellie Mowre, and Millie Bissonet welcome them back to Carlisle. The reports avout returned students at Pine Ridge are most excellent, some of which will be given in next Helper.
Mr. Fisk Goodyear, who has been an employee of the school for more than six years as storekeeper, has severed his connection with us. Mr. Goudy ear has been such a ready helper in many ways, especially in the matter of sports and society work that we shall miss him very much, but trust that he may meet with succeas wherever he goes.

If Mr. Claudy is "coachman" of the Rovers, as some of the boys insist upon calling him, he will be obliged to take the reins in hand and da some driving to be in keeping with his title Perhap- they mesa to mall nim "coarcher'" in which case 'tis but the rjaculatory swell of his vocal tintimabulum that will be called in play.

If we use every precaution we may even then catch cold, but nearly every cold is directly traceable to some carelessness on our part. If we are careless with our bodies should we expect God to let us get well when we get sick? Poor Ralph is lying at the point of death with the Pneumonia, which is what comes from colds. Let us be wise and keep well.
If we have occasion to eject a foreign substance from the mouth we have all ont coors to do it in. N gentleman or lady ever spits upon the floor or stairs or walk. We Indian boys and girls at Carlisle have the name of being ladies and gentleman, and we do not. want to disgrace ourselves in this particular. We should NEVER spit upou the floor ir we would be considered decent.

A standing vote was taken in several of the school-rooms during the closing minutes of study hour Mondsy and Tuesday evening "just for the fun of it" as the boys say. It was not knowa that there was much political feeling among the students till the test was giveu, and there were Cleveland men and Harris nites, plenty of them, who stood up like mptl of decisinti, very much to the amusement and satisfictinn of their teacher.

How does ihis sound? A teacher was advising another whuse experiences sne had been listening to in regard to a girl who had been recent y promoted, saving: "Don't waste your time upon her. She is too stubborn." The MaH-on-the-band-stand thought the advice must excellent, for what is the use of wasting time on a stubborn pupil who does not want to learn, when there are so many who are anxious to get on and who try so hard?

## HARD TRIALS.

A Carlisle graduate was in a great burry 10 get home, but found upon arrival the same great obstacles to overoome, the same overwhelming difficulties to master, the same fiendish Indian customs and ignorant wouldbe friends and relatives standing ready to devour him alive that most all the returned students meet, when they get home:

He says in a recent letter:
"It has been about three months since I reached this lonesome and sickly reservation. When I first landed I was just like blind.
There were great and surprising gatherings held every day.

I was at once told by my friends and others that it would not be very 'ong bef re I would see our old relatives who died many years ago.

They said I must at once throw away my citizen's clothes and put on Indian clothes. .
My answer was that I was too old to believe such a thing.

They looked surprised at me and said 'You must not talk that wav, because the leader of this thing can hear and know everything even the thoughts of the people.'

I went right on just the same way.
I mean that I wore my citizen's clothes that I learned to wear when I was East.

The great trouble was that I was hunting work.

I asked the Agent for some work and he said that he did not have any for me except that he wanted a boy to work in the stables.

He afterward put me on the police force.
I was promoted to r'aptain ju-t for a day and resigned for good reasous.

Since then I have been helping the alloting agent to allot lands.

We are having a great time with these $\mathrm{In}-$ dians. Many of them do not want to take their lands.

Some of the Indians say that if an Indian helps the allotting agent they will kill him.

These Indians would take their lauds easily if it were not for the Ghost Dancing, but the leader tells them it is useless for them to take lands.

I am getting scared. I have had a fever ever since I reached here. It is a new sickness to me.

I never had any kind of sickness when I was at Carlisle, so I am now thinking that if I want to live a little longer I had better pull
toward the East.

If there is any work at your school or any vacant place on a farm i would like to have it, evep, if it would be small wages I would be satisfied."

## WHAT IS A RESERVATION?

"I would like to know what a reservation is, its use and names of a few, " it quire one of our suoscribers.

An Indian reservation is a tract of land set apari by the United States Government for the Indians to live upon.

For instance, the Osage reservation in the Indian Territory is the land reserved for the Osage fribe and that in where they live.
The Cheyenne tribe, the Pawnee tribe, the Kiowa tribe, the Sloux tribe, each has been Hiven land for their own use and on which they are expected to live. Said land is their reservation.
There are many other tribes beside those mentioned which live upon reservations.
Nearly all of the reservations are hot-beds of vice and heathenish customs.

As long as there are Indian reservations fortre will be Indians.

And the only way to save the Indians is to break up the reservation- and induce them as brothers to come into the American life and be come citizens with the rest of us.
THIS IS WHAT CARLISLE IS WORK ING FOR.

## Enigma

I am made of 8 letters.
My 8, 2, 6, 1 is to waste time lazily.
My 5, 3, 7, 4 is a lock.
Whole is the exciting theme at present among the Indian boys.

Answer to Last Week's Enigma: Wilful waste.

## STANDING UFFER.

Promiums will be forwarded free 9 persons sending subsoriptio \& for the Indian Hkliper, as f llows:

1. For one subseription und a z-cent stamp extra, a printec copy of the Pueblo photo, advertised below in paragraph 5. Cash price 5 cents.
2. Fur two subscriptions and a 1-cent stamp extra, the printec copy of A pache cont ast, the original photo. of whicb, composing two groups on separate cards, $(8 \times 10)$, may be had b) sending 30 sub
soriptions, and 5 cents extra. Cash price 00 cents for the two.
(This is the most opular photugraph we have uver had taken, as it shows such a deci led contrast between a group of Apaches as they arrived and the same pupils four months later.)
3. For five su seriptions and a I-cent stamp extra, a group of the 17 Indian printer boys. Name and tribe of each given. Or, pretty faced papponse is Indian cradla. Or, Richard Davis and fam
ily. Or, eabinet photo. of Piegan Chiefs. Cash price 20 cents e ch
4. Fot seveb subscriptious and a zevent stamip extra, a boudoí combination showing all our prominent buildings. Cash p'ice 25 conts.
5. Hor ten subscriptions and a 2-cent stamp extra, two phots
craphs,oneshowing 4 group of l'neblos as they arrived in their Ingraplis,owe showing a group of l'neblos as they arriyed in their Indian dreas and a other of the same pupils, three years after, show ing markeif and interesting contrast. Or a contrast of a Navaj. boy on arrival and a few years after. Cash price 20 cents each.
6. For fifteen sulscriptions and 5 cencs extru, a group of the Wholeschool $(9 \times 14)$, faces show dist netly Or, $8 \times 10$ photo, of Indiaz baseball club. Or, $8 \times 10$ photo, of graduatiug classes, choice. ${ }^{1} 89,{ }^{\prime} 90,{ }^{\prime} 91,{ }^{9} 92$. Or, $8 \times 10$ photo, of bu Jdiogs. Cush price 50 cents for 8 chool, 30 cents for $8 \times 10$ 's.
7. For forty subsoriptions and 7 -cents extra, is copy of "Stiya, a returned Gartisle Indian girl at home." Cash price 50 cents.
8 For five and seven subscriptions respectively, and 5 cts, extra for postage, we make a gift of the $61 / 3 * 81 / 2$ and $8 \times 10$ photos of the farlisle School exhibit in the line of march at the Bi ce temnial in Plifa, Cash price 20) and Zo cents
8. Fur fifteensubscraptions and eight cents extra for postage, a $181 / \mathrm{h}$县 16 kroup photo of 8 Piegan chiefs in elaborate Indian dress. This is the highest priced preminm in standing Offer and sold for 75 cts . retail. The Bame picture lacking 2 faces $B$ udoir-size for 7 sub. scrifition, and 2 cents extra. Cash 25 cents.
Whthont accompanying extra for poatage, premiums will not be

[^0]:    (i.) The Ked Man, an \% page periodical containiug a summary to all Indini news and selections from the best writers upon the subpast, address Bed Man, Carlisle, Ps. Torms, fifty ceuts a yems for usive numbers. The same premium is given for ONic subserif thon ind accompanying extry for protuge as is offered or fivs namee forth HELITKR

