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OUR SPARE MOMENTS.

CLARA SPOTTEDHORSE, Crow.

"All are architects of fate, Working in these walls of time, Some with massive deeds and great Some with ornaments of rhyme."

Many people fail in this world because they have wasted their time, while the many who have achieved what the world calls success have done so by devoting every spare moment to the accomplishment of some work or deed.

Spare moments are the moments that come while we are waiting for the next definite thing, or just after the last thing has been finished; and these are the bits of time that are so sadly wasted.

Many people while waiting for their meals say, "It is impossible for me to do anything in the few minutes, or half-hour", forgetting that they might at least start a piece of work even though they could not finish it before dinner. The time which one has spent in beginning something is never wasted, for "Well begun is half done."

To say that anything is impossible, is not a wise saying. Napoleon said, "Impossible is a word found only in the dictionary of fools."

Life is what we make it and its golden moments should not be wasted. Every working moment should be marked by some good and useful deed. No person is happy unless he has something to do, hence much of the misery in this world comes from idleness which is only another way of expressing the wasting of time. There would be fewer crimes committed if everybody were to put his spare moments into work.

The reason a student fails in his studies is because he has not devoted the spare moments at his disposal to study. One fails in a shop while another succeeds simply because the former has not interested himself in the work, and has therefore failed to utilize his time to the best advantage.

Many a student is inclined to waste his time by spending it in mischievous pranks; time that could be better employed in studying the lessons for the next day. Two or three evenings spent in study will strengthen the will-power and thus enable the student to conquer the inclination to waste spare moments.

Many a poor boy becomes a rich man, owing to his habits of utilizing every spare moment. One minute a day to learn the definition of a word would be a good use to which a student might put such a fragment of his time, for at the end of a year he would have three hundred and sixty-five hard words and their definitions in his mind, thus enabling him to use correct English. Time is money and every moment should be as dear to us as gold.

ONE of our Outing pupils who is making a splendid record both in her country home and at school is Celestine Types. Her school report for the last five months shows an average of 92. She also passed all of her recent mid-year examinations with high marks, receiving 100 in both reading and grammar. An interesting letter from Celestine describes a visit with her country people to Port Deposit, Md., to see the ice gorge which formed in the Susquehanna River just above the town and resulted in a flood which has destroyed so much of the town that the State and many private organizations have been appealed to for aid for the sufferers. "When we were down there," she writes, "we could see nothing but ice. There were no train running for a week. They had from twenty-three to three thousand men working to clear the tracks and it took them the a whole week. It was very interesting to see all this. Several places we had our pictures taken on top of masses of ice. This trip will certainly never be forgotten." Celestine is living with Mr. and Mrs. George S. Fox, Rising Sun, Md.

STICK TO ONE THING.

ANONYMOUS.

We often see persons who are brilliant in natural gifts and have excellent opportunities who are yet failures where worthy accomplishments are concerned. What is the cause? In many cases it can be attributed to a lack of application. An irresolute person—a person who will not stick to anything-seldom achieves. This has given rise to the homely maxims that a jack at all trades is good at none, and a rolling stone gathers no moss. It was Dr. Talmage who said that if a person of even indifferent ability concentrates all his powers on one thing he will make a tremendous man.

But, on the other hand, a person is is not always situated as to take up the calling for which he is best adapted. In such cases, where the heart is not in the work, there are likely to be changing and drifting until one falls into the proper course, and then all is smooth sailing. Many a man taking up the profession of law has failed, but dropped it and found success in literature; others, like J. G. Holland and George William Curtis, have gone from one thing to another and failed until, becoming magazine editors, they won fame and wealth. Patrick Henry failed as a merchant and a farmer, resorting to law and politics he was a brilliant success. To change, and to change for the better, are two different things, is a wise old German proverb.

As a general good rule, it is best not to have too many irons in the fire; and when one has decided a vocation, let him devote his time and talent steadfastly and untiringly, keeping the fear of God in his heart, and he he will make his mark.

THROUGH a letter to her sister we hear that Lena Kie is getting along very nicely in the country. She expects to return to the school this spring.

The Carlisle Arrow

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Address all communications to the paper and they will receive prompt attention.

GENERAL SCHOOL NEWS.

The band boys are practicing hard their commencement numbers.

Clara Bonser, who has been in the hospital for a few days, is improving.

The dress-makers hope to have the graduating dresses completed this week.

The tinners have been doing some repair work on the large boys' bowling alleys.

Fred Leicher, a new student, has joined the Junior Class. We extend to him a hearty welcome.

Mr. and Mrs. J. Elkface, formerly Nellie Ironshield, spent several days with Susan Twiggs in Wade, N. Dak.

The tailors have started on the boys' graduating suits and they expect to have them finished in a couple of weeks.

Susan Twiggs, who is enjoying life at her home in Wade, North Dakota, sends loving regards to all her Carlisle friends.

The band concert given last Saturday evening was a splendid success, and was enjoyed by both students and employees.

Some beautiful postals of Flandreau, S. D., have been received from Electra Metoxen, stating that she is having a glorious time.

Two new arc-lights have been placed in the dark corners of the grounds. These will add greatly to the illumination of the campus.

Margaret Reed was the speaker at the opening exercises Monday Morning. The subject of her recitation was "Education and Learning."

Joseph Jocks represented the Sophomore class at the opening exercises last Monday morning. The title of his declamation was, "Sail On". Edward Blackwood, who went to the Medico Chi Hospital in Philadelphia for treatment, returned on Tuesday morning looking well and like himself again.

Our boys will measure strides with the University of Pennsylvania on next Saturday evening at Baltimore in a two mile relay race. This will be their first real test.

The fine weather during the early part of the month gave both the track and the lacrosse candidates an opportunity to practice on the athletic field, instead of in the cage.

Certain parts of the campus, at this time of the year, are a little muddy, and its appearance would be better if the students would refrain from walking on those parts.

Samuel Gruett, class of 1897, sends a subscription to the Carlisle papers, and says his interest in the school and its students never fails. He is doing well at Mt. Pleasant, Michigan.

The Junior Reception.

After many pleasant entertainments given in honor of the class of 1910, we shall ever remember the Junior reception as one of the most enjoyable. The gymnasium, endeared to us by fond recollections of former happy events, was very tastefully decorated with bright flowers, pennants, flags and rugs. Two large flags suspended from above converted the gymnasium into two cosy rooms, one for dancing, the other for feasting. The opening address given by President Jefferson Smith in his happy manner, was followed by an excellent program consisting of an oration, an essay, a recitation, two musical numbers, and the class prophecy. The prophecy, contrary to the usual custom, disposed of the members in comfortable places in the ordinary walks of life. Dancing followed, after which all repaired to the rear behind "Old Glory" where prettily decorated tables upon which were placed tempting fruits and sandwiches, greeted the eye. Icecream and cocoa also were served to the hungry and appreciative guests who did full justice to every thing set before them. Thus a delightful hour was passed in eating and "sweet converse;" then, the "Home Sweet Home" waltz and "good night"

ABOUT CARLISLE ATHLETICS.

The first lacrosse game ever played in Carlisle was played on the Athletic Field by two scrub teams last Saturday. Most of the players had never played before, and of course the game was a very ragged one. It proved, however, that Carlisle has some good material and the indications are that a creditable team can be turned out.

Mr. John White, the lacrosse coach, arrived last Tuesday and commenced with the candidates. The weather has permitted out door practice every day and the boys are improving with each day's practice. The squad was cut to 40 men this week and will be reduced to 30 at the end of this month.

The annual spring handicap meet will be held on the athletic field some time during Commencement week. The valuable and much prized Indian School Athletic Association watch fobs will be given as prizes.

There were some surprises in track trials last Monday. The boys who have been practicing the most were able to show their heels to some of the old "C" men who are not yet in condition.

In the final basket ball game of the season Carlisle was defeated by Albright at Myerstown Saturday evening 35 to 25.

The second team overwhelmed the Shippensburg Normal school second team on Saturday afternoon by a large score.

Susans Have Good Program.

A very interesting program was rendered by the Susans at their last meeting. It was as follows: Select reading, Marie Lewis; recitation, Ella Johnson; essay, Eliza Keshena; piano solo, Texie Tubbs. The question debated was: "Resolved, That iron is of more value than gold." On the affirmative side were Pearl Wolfe and Mae Wheelock; negative, Ellen Grinnell and Jennie Ross. The affirmatives were awarded the victory. The official visitor was Mr. Ramsey.

GENERAL SCHOOL NEWS.

The bluebirds and robins are again in evidence on our campus. They are welcome harbingers of spring.

Mr. Whitwell is getting his automobile ready for use when the roads get good. He has a fine little machine.

Last Sabbath was such a beautiful day that twenty-seven Methodist girls enjoyed a pleasant walk to church in town.

George E. Thomas is fast becoming an expert mason. He has done some fine work in the shop and he now invites anyone who is interested to come and view his finished work.

Olive Wheelock, who went home a short time ago, writes that she is happy and enjoying life. We hope she may rapidly improve in health so that she may be able to return and resume her studies here.

Mr. Robin, the bird, has come, reminding us of the joyous spring. He was gladly welcomed, as we missed his familiar chirp. We are patiently waiting to welcome the bluebird, another familiar spring friend.

Mr. Carns and his detail of boys have been busy during the past week repainting and repapering the reception room in Teachers' Quarters. The work is nearing completion and the room begins to look habitable once more.

Mr. Frank Veith, our recently appointed florist, who stayed at the Club until the arrival of his family, is now occupying the the florist's cottage. We again extend greetings to Mr. Veith and to Mrs. Veith and the children also.

Antonio Lubo, one of our former football stars, writes for the CAR-LISLE ARROW, and with his subscription sends greetings and best wishes to his friends at his Alma Mater. His letter is dated from East Syracuse, New York.

Saturday's band concert was very enjoyable. Nothing inspires the soul more than music. Shakespeare says: "The man that hath no music in himself, and is not moved by concord of of sweet sounds, is fit for treasons, stratagems and spoils."

At the meeting of the Y. W. C. A. on Sunday evening, Arline Allen told the story of The Life of Janet Mc-Cook Whitman, and Anona Crowe that of Frances Little. Miss Wistar talked for a few minutes about the work the Association as a whole is

Raymond Hitchcock, of the printing department, is working down town at his trade. He is getting valuable experience. During the past year there has been a great demand for printing apprentices from the Carlisle Indian Press, caused, we believe, by the interest manifested in the superior printing executed by the boys of this department.

"Resolved, that the Philippines should be permanently controlled by the United States," was the question debated by the Invincibles at their last meeting. The affirmative speakers were Sampson Burd and James Obrien; negatives, Joseph Arcasa and Alfred De Grasse. The affirmatives won. The official visitor was Miss Reichal.

The meeting of the Standards last Friday evening was a spirited one. "Resolved, That commerce does promote national prosperity." On the affirmative side were John Goslin and Harrison Smith; negative, William Ettawagishik and Aaron Minthorn. The affirmative won. Mesdames Canfield and Lovewell were the official visitors.

The girls in the four upper grades who attend Sunday school here are very thankful for having such an interesting teacher as Miss Kaup. She certainly gives us very excellent, motherly talks in connection with the lessons. We Seniors, especially, appreciate that, as we are soon to go out and see for ourselves the things she has spoken to us about and also of the things she has warned us against.

The Mercers gave an excellent program in honor of the Class of 1910 last Friday evening. The meeting opened with a graceful address by the president, after which came a spirited song by the society; a fine oration, Bessie Saracino; recitation, Virgina Boone; vocal solo, Agnes Jacobs; dialogue, Rose La Rose, Susie Porter, Nan Saunooke, Anona Crowe and Elizabeth La Vatta; recitation, Emma Newashe; piano solo, Alberta Bartholomew. The debate; "Resolved, That the coast defenses of the United States should be strengthened." The affirmative speakers were Gladys McLean and Agnes Waite; negatives, Leila Waterman and Margaret Reed. The judges decided in favor of the affirmative side. There were many visitors and all seemed to appreciate the efforts put forth by the progressive Mercers. The official visitors were Miss White and Mr. Denny.

Teachers' Meeting.

A thoroughly practical and business-like meeting was that held in the Principal's Office on the evening of the 8th inst. As usual there was no lack of discussion and several important conclusions which have an important bearing on the work in general, were the outcome.

Another Good Indian Not Dead.

Hugh White, an ex-student and a brother of William White, has taken up the blacksmith's trade and started in business for himself in Illinois. He has worked up a good business, and he and his assistant turn out a large amount of work for their numerous customers. This is another proof that the only good Indian is not a dead one, and as long as the Carlisle Indian School is in existance there will be many more who will put the same thought in the minds of the public.

Gives Us His Endorsement.

The News acknowledges the kind invitation of the faculty and graduating class of the United States Indian Industrial School, at Carlisle, to attend the annual commencement exercises to be held at the institution, March 27 to March 31 inclusive. To the members of the faculty and graduating class, as well as to Mr. Friedman, the worthy and able superintendent, the News would say accept our sincere and hearty thanks from your neighbors, who most heartily as well as kindly give their endorsement of the administration of affairs at this one of the greatest and grandest educational institutions of the United States, of this class. - The Shippensburg (Pa.) News, March 4, 1910.

OUR VISIT TO THE SEWING ROOM.

ROBERT WEATHERSTONE, Sioux.

On January fourth came the time for our visit to the sewing room, and as we entered, the sewing instructor met us at the door and greeted us with a very pleasant smile, and she seemed to take great interest in showing and telling us about the different kinds and qualities of goods and how the different garments are made up. The boys' working shirts are made of checked shirting. It takes three yards for each shirt and the cost per yard for this cloth is twelve and onehalf cents. And about fifteen hundred to two thousand of these shirts are made each year for the hard wear and tear of the robust Carlisle Indian students.

The boys' white shirts, or dress shirts, are made of white madras, and are made up very neatly and when you see a student in one of these shirts he appears as neat as any millionaire.

And next came the boys' drawers, which are made of Canton flannel. For each pair it takes three yards of this kind of cloth, and three yards of tape for the bottom to keep out old "Jack Frost" on these cold winter days.

Now, for the girls' department: The girls' work dresses are made of checked gingham and it takes eight yards to make a dress for one girl, and about eight or nine hundred are made each year to fill the demand of the hard-working girls.

But the girls have better dresses made of navy blue serge which costs seventy-five cents per yard.

The girls' summer uniforms are of light blue seersucker. And their white uniform waists are made of cross-barred muslin and have tucked fronts and are patterned from the Gibson style, and if you should see an Indian girl with one of these waists on, out on the campus, with the daughter of the president of the United States, you could not tell them apart.

We also have to keep clean and therefore about three thousand hand towels are made each year to dry the delicate skin of the American Indian. The towels are made of linen crash and it takes one full yard to complete a towel after it is hemmed and ready for use.

This being my first visit to the

sewing room, I certainly enjoyed it very much, and I hope we will all have the opportunity to visit that same place again beforelong. Each school room is supposed to visit the sewing department once a year. I hope every pupil will get as much good out of it as I did.

THE MEDICINE DANCE.

FANNIE KEOKUK, Sac and Fox.

The Sac and Fox Indians in Oklahoma give every year what is known as the Medicine Dance.

This dance is not given for pleasure but has rather a religious significance attached to it. It is something similar to a fraternal or secret order and only members of this organization are allowed to participate in it.

The dance is generally held about a mile distance from the Sac and Fox Agency, near a thicket of woods. Dotted here and there among the trees can be seen the Indian camps with a bright fire blazing in the center of them, while on the outside little Indian boys and girls amuse themselves wading in the nearby creek or riding their ponies. This dance generally begins at sunrise. and will last for several days - and oftimes a week. A large tent is constructed with mats and blankets thrown down by the sides for those who may be tired and wish to rest.

The day before the dance begins the Indians chew what is called the mescal bean. This produces a stupor in which they see "The Happy Hunting Ground," and hear the voice of the Great Spirit guiding them on to do what is right.

The dance starts with the beat of a drum accompanied by loud whoops, which gradually become fainter till only the beat of the drum is heard.

Each dancer is arrayed in his best costume. They all carry with them an otter skin, which contains some kind of medicine. The otters are made to snap, and when a dancer is snapped down he falls to the ground unconscious, and remans there for two or three minutes.

This they keep up for hours without stopping; when one is tired out and can go no longer, they step to the side of the tent and another takes his or her place. They dance also during the night time, and the light from the fire as it casts its flickering shadows, reveals the painted faces of the dancers, and also their long black hair swinging from side to side in two plaits. This presents a scene never to be forgotten.

Visitors from far and near come to see the Indians dance. The dance generally concludes with a big feast in which all partake of the many good things which have been prepared for this solemn affair.

This dance of course seems queer to the present generation, for many of us have been away to school most of our time and know little of how our people conduct their lives in our far away home.

But the medicine dance is regarded as a religious custom of my tribe.

THERE are troublesome days ahead for the old curmudgeons who in the fullness of their craft pride refuse to help the apprentice within the gates. The need for technical education is becoming understood. and with the understanding comes some enthusiasm, and a clearer idea of social duties. More and more will it dawn upon men that youthsespecially apprentices—have a right to be helped; that, come what may, it is wrong to hinder their progress, even when the hindrance takes on the form of a policy of silence. Efficiency will come into its own, and the most obtuse will pay it homage. The man who regards a capable apprentice as an enemy will be compelled to revise his attitude or be very lonely-as he should be. As the new ideas percolate and leaven the whole lump, we shall find antiquated and extremely selfish trade customs making way for more liberal and enlightened practices. Men will have begun to think, and thought stimulation always leads to wider and better ideas of men and affairs. In that way the narrowness that withholds the helping hand will be banished, which is a good thing. -The Inland Printer.

THE Seniors are reading the book entitled "Pushing to the Front." It is very interesting and breathes inspiration from every page.

THE large boys "mascot," seems to be familiar with their uniforms, for he never gets lost when he accompanies them to town.