your own general attitude of mind in regard

to this daily duty. If you love to teach; if it interests you; if you are all the time

thinking how you can handle better the edu-

cational schedules, then you are the right kind of a teacher. If, moreover, you con-

sider each child as a separate personality

**>>>** 

No Two the Same.

BY NO chance are any two indistin-

and yet for all there is in each grade one

unchanging schedule of educational studies.

How best can you fit it to the various and

varying product of Nature's laws called a

child? This developing animal may gener-

ally admit of being squeezed into your edu-

cational molds. Sometimes that is difficult. **>>>** 

Life Would be Dull.

who cannot, or will not, normally chew or

digest your nutritive knowledge. But with-

out these personal differences life would be a very dull business. If all patients or all

children were as much alike as good watches

I should pity our lives, both yours and

mine. It is the exceptions, the peculiar,

and sometimes, thank Heaven, the valu-

ably peculiar, who should excite sympathy

Watch the Character.

NE and all, you should be eager, con.

temper, mind, morals-in a word, charac-

ter-of those you instruct. You will see all

these pupil-lives shifting, changing under

your eyes as time goes on, and especially at

the passage out of childhood, You will, no

doubt, have considered or not, according as you are thoughtful and tender, or indifferent,

how far other agencies beyond your control

are moulding these lives, which, ever chang-

**>>>** 

Study Cause of Defects.

A S CONCERNS the mentality of your

proportion of very dull children. They

may be willing, may try to work. They

merely cannot keep up. A smaller number of them fall back only to fail again.

Among these there will be a still smaller

fraction who can neither reason clearly nor

remember even moderately well. Are they

only dull, or is their mental mechanism

hopelessly below the average? You, I sup-

pose, are to decide if they should be rele-

gated to the school for the imperfect. I do not envy you the task of deciding. They

may be underfed. Who shall decide? Can

the underfed study as the well fed can? I

There must be in every large group of children, especially notable at the age of ado-

lescence, some who become gradually inert,

dull, less capable. Any such sudden or

(Continued to 4th page.)

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ing, remain distinctively individual.

scientious, watchful of the variety of

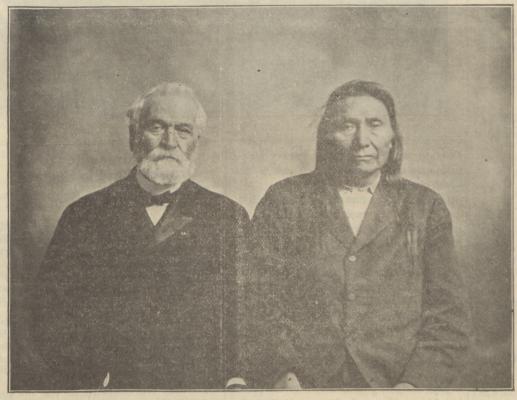
and invite thoughtful care.

YOU GO on with cheerful ease until

you are defeated by the individual

guishably the same in mind or body,

your work will never lose interest.



GEN. O. O. HOWARD

CHIEF JOSEPH

#### Chief Joseph is Dead.

HIEF JOSEPH, the famous Nez Perce warrior, is dead. He has been in poor health for some time. He was sitting by his camp fire on the Colville reservation in Washington, Wednesday afternoon and was seen by Indians nearby to fall from his seat to the ground. When they lifted him it was found that he had died of heart fail-

The death of Chief Joseph of the Nez-Perces closes the career of one of the greatest figures in the early days of Indian campaigning in Montana.

The above despatch startled the friends of the famous chief, as they read the news of a few days ago.

These two conspicuous figures in modern history pictured above, sat upon our Commencement Rostrom, side by side, last February, the admired of all. From a speech by the lamented chief, made at that time, we quote: "Friends, I meet here my

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to be friends with General Howard. We are both old men, still we live and I am glad. We both fought in many wars and we are both alive. Ever since the war I have made up my

friend General Howard. I used to be so

anxious to meet him. I wanted to kill

him in war. Today I am glad to meet

him, and glad to meet everybody here, and

mind to be friendly to the whites and to everybody. I wish you, my friends, would believe me as I believe myself in my heart what I say. When my friend General Howard and I fought together, I had no idea that we would ever sit down to a meal together, as today, but we have and I am

I have lost many friends and many men, women and children, but I have no grievance against any of the white people, General Howard or any one. If General Howard dies first, of course I will be sorry."

#### Extracts from General Howard's Speech

My best friends are those whom I have fought. I do not hate them at all. never did hate them. There are no people

#### James Farabelli

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we honor more than we do the task, wearisome and exhausting, will be Indians.

You will say, "But didn't you fight the Indians?"

'Yes I am an army officer. I would fight YOU if you rose

up against the flag. I want it understood that when I fought with Joseph, I was order-

ed by the Government at Washington to take Joseph and his Indians to the reservation that was set aside for them.

Joseph said 'e would not go on any reservation. A majority of the band had agreed to leave and go to the place designated. But Joseph and White Bird and Looking Glass were left out.

After the Indians accepted the reservation the Government of the United States reduced it and reduced it again, and the Indians rebelled, and I was sent to carry out the Government's instructions. I could not do otherwise. I did my best to perform the duty. Some would not come. I understood the reason then. But it is all past.

It took a great war. I would have done anything to avoid the war, even to giving my life.

### The Teacher and the Scholar.

The Ladies' Home Journal for September, copies largely from an address delivered by Dr. S. Weir Mitchell, to the teachers of Philadelphia. From this lecture, amended by Dr. Mitchell himself for the Journal, Superintendent Mercer suggests that the following extracts be printed in the Arrow as being specially appropriate to conditions in large Indian Schools

#### Salvation of the Work.

THERE must always be a certain monotony in the use of more or less changeless courses of instruction. The salvation of the work from becoming merely a paid

A Max Cochran

#### J. Dorsey Alcock

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A Paper Devoted to the Interests of the Progressive Indian, only Indian Apprentices doing the type-setting and printing.

#### PUBLISHED EVERY THURSDAY

Excepting the last two weeks in August and Holiday week)

BY THE

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#### PROVERB.

FROM "WISDOM OF THE WORLD."-SHEARER

When you Call on a Man of business, attend to your business, and then go about your business.

#### Arrow Shots.

We lift ourselves up by reaching down to

"Education makes all the world a man's field; the lack of it makes a field of the the whole world."

Groaning and grumbling under your burdens doesn't lighten them, but it does deprive you of breath which might be useful in carrying the load.—[The Watchword.

Do not think of your faults; still less of others' faults. In every person who comes near you, look for what is good and strong; honor that; rejoice in it; as you can, try to imitate it; and your faults will drop off like dead leaves, when their time comes. -Ruskin.

The darkest places of the earth are coming within the circle of the electric lights of civilization. The wickedness is not increasing there, but it is coming to the light, which is the best of police forces, whether in a back settlement of Ceylon or the dark lanes in a city.—[Christian Register.

And the Arrow might add: Or along the crooked trails of a benighted Indian

\*\*\* >

Be thy own rival, comparing thyself with thyself, and striving day by day to be selfsurpassed. If thy own little room is well lighted the whole world is less dark. If thou art busy seeking intellectual and moral illumination and strength, thou shalt easily be contented. Higher place would mean for thee less liberty, less op-portunity to become thyself. The secret of progress lies in knowing how to make use, not of what we have chosen, but of what is forced upon us.—BISHOP SPALDING.

**>>>** No, no, make no mistake about it: your life is not peculiar. If in your experience there is more to tempt, there is also more for which to fight. Your lot is the common lot. Your nature has no peculiarity that absolves you from the moral law or that renders you immune to punishment. You are not as one apart, fighting a battle that has never been fought before. Thousands have walked the way you are going. All have stumbled and fallen: many have given up, have turned aside from the steep climb to the sunlit peaks, and gone back to the valley and the degradation. Others have pushed on, have fought, have sacrificed the evil passions, and at last won the mastery over themselves. 'It cannot be too much emphasized that the significant thing in a man's life is the purpose that animates him, and the inspirations by which that purpose is buoyed up.-REV. A. J. HAYNES.

#### ATHLETIC NEWS.

#### FOOTBALL.

Schedule for 1904

Sept. 17, Lebanon Valley College, here. Won 28 to 0.

> 21, Franklin and Marshall, here. Cancelled.

Oct. 1, Gettysburg College, here.

5, Susquehanna University, here.

8, Bucknell at Williamsport. 15, Albright College, here.

22, Harvard, at Cambridge.

29, University of Va. at Norfolk

5, Ursinus, here.

12, University of Penna., at Phila.

19, 2nd team at Selin's Grove.

24, Ohio S. University at Columbus.

Assistant-Coach Pierce has been home (New York State) for a few days on personal business.

Among the interesting games played last Saturday, giving the team that won first mention, were:

Columbia vs. Union. Pennsylvania vs. State. Virginia vs. Randolph. Lafayette vs. Wyoming Seminary. Dickinson vs. Western Maryland. Chicago vs. Lawrence.

The shop teams have organized and will soon begin to play for the football championship of the Industrial Department.

Our squad attended the Dickinson-Maryland game last Saturday, on Dickinson

#### Indians will have Light but Fast Team.

Written for "The Press" by Edward Rodgers, Indian's Head Coach.

Carlisle, Pa., Sept. 24.—The third week of training for the Carlisle Indians has just ended and it finds them in excellent shape.

On September 1 about fifty men reported for practice and the process of elimination has been steadily going on until now there are only thirty-seven of the original number left and these have all been sent to the training table. From this squad the team that is to represent Carlisle will be picked.

The material is very light, lighter than it has been for several years. Every likelylooking man which the average college would consider about the right weight for a backfield position we are compelled to develop into a line man and the light men, which are in the majority, are being tried out in the backfield positions. The material, however, is very fast and possesses an amount of football sense, more than the

All the old men of last year's team are back with the exception of Quarter-back Johnson and Full-back Williams. Both of these men have been mentioned for All-American teams and their places will be hard to fill. Several men have been tried out at these positions, but none as yet comes up to the standard of the old men.

Baker and Libby are two of the most promising candidates for the quarter-back position. Both are fast, heady players and in their preliminary work have shown that they can run a team to its utmost capacity The quarter-back place will be well taken care of by either of these two men.

The position of full-back, however, will be a problem, as all the available-men with a sufficient amount of weight have been compelled to play in the line and this leaves a wealth of light material to select from. Captain Sheldon, who played regularly at half-back last year, is being tried out at this position. He is the heaviest of the backfield candidates, but does not seem to take to the position quite as readily as he does to half-back. Charles is also trying for the position. He is very light, but is developing into a very speedy man and can boot the leather in great style. Nephew and La Roque are also developing promise, especially La Rocque who is a new Indian just from the wilds of Minnesota. La Roque has fair weight and can develop speed, but has yet a lot to learn about the full-back position.

In the half-back positions, the work of the last two weeks has shown up several good men, among whom may be favorably mentioned Hendricks, Whitecrow, Fischer,



**CLASS 1897** 

Doxtator and Saul. All are a nervy lot of little men and very speedy. There is not much choice between them.

Concerning the line there is not much to say. Every large man that appears at the school is immediately invited to take part in the line to see whether he has any football in him or not. There has been no competition for positions from tackle to tackle. Last year's line is all back with the exception of Exendine, a tackle. He had to have an operation performed and will probably not be able to play again this year. Lubo is playing in the position and is putting up a rattling good game. White, substitute guard last year, is playing regularly at guard, and is giving promise of becoming a valuable man before the season is over. Tomahawk is also trying for a tackle position. He is only a 165pounder, but always makes things lively for the other fellows whenever he gets into the game.

Jude and Flores, last year's regular ends, are both in the game this year. Bradley, a regular end of two years ago, and Gardner, of Haskell, are pushing the old ends hard for their positions. At this stage of the season the prospects for a good team are particularly bright. The squad is very spirited, having a lot of fight, and everything is working harmoniously.

#### Personals.

DR. BASEHOAR, Dentist, extracts, and fills teeth. Painless.

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GRANITE WARE

#### Carlisle Graduate to be a Drawing Card in England.

The Philadelphia Press for Sunday, has this Statement:

The first American interscholastic one mile relay team to invade England will leave this country about June 1, 1905, and will be away

during the entire summer. The movement has been on foot for almost a year and arrangements have been perfected whereby the certainty of the trip is in-

sured. The team is one of the strongest scholastic teams ever organized, not alone in relay

running, but in many other track events. The team will be able to enter a man in all sprint races, hurdles jumps and the distance runs.

The only representative in the distance runs on the team will be Albert H. Nash, a full blooded Winnebago Indian, from Nebraska. Nash was brought to Philadelphia when quite young and has made his home in the city. He was educated at Drexel Institute. where he took part in track athletics as a representative of the school.

Nash should be a great drawing card in England, for not since the days of Deerfoot. the great long distance runner and the holder of many records, have the Englishmen seen an Indian on the cinder track.

In the above picture, Albert Nash, who graduated with the class of '97 may be seen on the extreme right, sitting.

This is a notable class; nearly every one holding responsible positions in manly and womanly self-support. Coach Rogers graduated with this class, and is standing, rear row the fourth man from left side.

### Thankful He Could Say No.

"Look there! said one of the smallest Indian boys to a dignified gentleman on the employee force, as he pointed to something on the walk.

The spot was one of those disgraceful blotches frequently deposited on an otherwise clean pavement by some filthy, selfish tobacco chewer.

All tobacco chewers are not necessarily filthy and selfish to the point of expectorating in public places where ladies and gentlemen are to walk and sit, but here was evidence of a rowdy, and the employee, with grimace showing disgust replied:

"Yes, I see. Very nasty! Isn't it?" The boy walked with the employee for a

step or two, then turning his baby face upward, inquired:

'Say, you like chew that kind, too?

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#### Miscellaneous Items.

- → Chestnuts are reported scarce.
- The school goes to the fair to-morrow.
- Have you observed how the days are shortening?
- Miss Ely leaves for Kansas, to-morrow for a month's vacation.
- The old Monarch Walnut is the first to give up the summer leaves.
- The little Collie beauty is to be called Kola, and he knows his name.
- This evening, Mr. Gansworth starts for
- Oklahoma, on school business. → Mr. Markishtum is assisting in the mailing department of our printing office.
- Miss Mary Herr, of Shippensburg, was a guest of Miss Newcomer on Wednesday
- → Alfred Venne returned from his home in the west bringing a little sister and brother.
- "Twelfth Night" at the Opera House, last Saturday night was well patronized by the school.
- → George Balenti, class 1904, has entered Mechanical Department of Drexel,
- George Degray, who has been nursing an injured shoulder, is back again at the compositor's case.
- The Carlisle Daily Herald is greatly improved in appearance, since putting on a new dress of body-type.
- Several new pupils have arrived from New York State. Mr. Gansworth has been up in that section.
- → Chiltoski Nick has gone to North Carolina on business for the school. He expects to return in two or three weeks.
- Master James Maccurdy, of Pittsburg left for his home last Saturday. If indications count for anything, Master James had the time of his life during his visit.
- →Alfred Venne has gone to Poughkeepsie, N. Y. to bring home Tiffany Bender, class '04, who is ill. Tiffany has been at Mohonk Lake this summer; and was taken ill.
- The Cornman printery on West High Street has called for four of our typos, and Yukkatanache, Charles, Ironroad and Scholder work there the half-days they are not in school.

Sunday morning inspection of quarters and buildings has been declared off. And said duty will be performed by our Superintendent and attendant helpers on Saturday, hereafter.

- → Shall we have Quaker meeting on the bleachers Saturday or TIMID, highe-ty-pig-elty, all-mixed-up yells, or splendid yells and, songs in unison under a chosen leader whom we all will follow?
- →Our Sunday School held a recent election of officers with the following results: Superintendent, Mrs. Wm. Beitzel; Assistant Superintendent, Mr. Fred Canfield; Secretary, Blanche Lay; Treasurer, Mary Run-
- The Junior Varsity foot ball team expects to have their first game of the season on the 8th of October against the ex-small boys. They also hope to get a game with Scotland as last year. They are doing well in their practice.
- → "I am now far from Carlisle School nevertheless I am still thinking about that good old Carlisle Indian School. I use to be one of the Carlisle students' writes Herbert L. Bird, from Colony, Oklahoma; and he closes with best regards to his friends here.
- Dock Yukkatanache has been elected Captain of the printers' football team. We lost the banner last year after carrying it for many years. We hope to gain it back this season, and if we do will wave it from the point of an Arrow made specially for the printers. If!
- →Mr. J. Riley Wheelock, who has been visiting his family in Carlisle, left on Sunday evening for Haskell, Kansas, where he will re-join the Haskell band soon to start on a tour throughout the middle west. Mrs. Wheelock and little Isabel are in Philadelphia.
- → It is very disappointing to a leader with a megaphone when he suggest certain yells, for the crowd on the bleachers to sit and grin at him. We all yell enough when we feel like it, but to work up a yell when we should yell, we are sometimes minus the college spirit. Is that so?
- → Where Miss Hilton of Carlisle, has been spending the Summer at Pratt, West Virginia, a grave was found recently containing Indian relics, a skeleton and some very curiously painted pottery. It appears to be historic Indian ground, as legends are plentiful in that section.

#### Mr. Allen.

Assistant-Superintendent Allen, who has been with us for three years, assumes his new duties as Special U.S. Indian Agent, October 1st. Mr. and Mrs. Allen, and little daughter Esther left for Washington, D. C. on Tuesday.

Mr. Allen's heartfelt interest in the welfare of the Indian student and our red brethren everywhere is manifest in all that he does and says on their behalf.

The Carlisle students especially will miss the kindly personal interest he took in

The Seniors and Juniors made two demonstrations of appreciation of his interest in tendering him a reception, and later the gift of a beautiful Carlisle Souvenir spoon.

The employees held a reception in honor of Mr. and Mrs. Allen, last Thursday night in the Y. M. C. A. hall.

Everything was arranged in the best of taste and the refreshments dainty and satisfying. The game of the evening-tearing animals from papers—brought out hearty laughter. Mr. Nori won the prize for guessing most of the curious representations that were pinned up. The prize was a newly taken photograph of Mr. Allen, in a frame.

On Monday evening, Miss Yarnell and Miss Newcomer entertained in honor of the Allens, and another good time was experienced. While there, groups of students gathered underneath the windows and sang 'College Chum,'' "Nestling 'neath the Mountains Blue," and other songs.

Mr. Allen has been in the Indian Service for eleven years. His first Superintendency was at Perris, California, then he was called to superintend the school at Albuquerque, New Mexico. and finally, before he came to Carlisle, he was Agent and Superintendent of the Wyandottes, in the Indian Territory.

Mr. Allen's large experience in the Indian Service and his gradual promotions fit him specially for the duties his present appointment calls for.

The Evening Sentinel has this to say: Assistant Superintendent E. A. Allen, of the Carlisle Indian school, who was recently appointed Special Agent for Indian work by the United States Government, has left Carlisle. His many friends are sorry to see him leave Carlisle, but will greatly rejoice in his promotion.

Mr. Allen's successor, we are informed, will be John R. Wise, who will arrive here from Washington, D. C. about October first. It is said that Mr. Wise has had twelve years' experience in the Indian service. Carlisle welcomes Mr. Wise and hopes that he will find his work congenial.

- → Mr. Hobart Cook has gone to Wayne where he is a Senior at St. Luke's. We see by the Phila. Press that St. Luke's has a strong football team, and that Hobart's name is mentioned as one of the players. He has grown so much this summer in height and weight, we shall expect to see him numbered among those who hold prominent place on the team. He has played some this summer, in the west.
- → Charles Doxtator is still improving in health and is now in a shoe-factory at Green Bay, Wis. lasting shoes. We are proud of our boys when, not having work at home, they strike out from their people to work for an honest living among other people who work, and by their well doing 'put to silence the ignorance of foolish men" who say Indians can't work.
- The battalion now appeareth with crossed arrows on their caps and letters of their companies between the pointed ends. A yellow cord is added, which makes a striking cap, and the line altogether is striking. The boys march with soldierly tread, causing cheer after cheer from the girls as they pass.
- → Miss Anthony has retired from the training table care, and Miss Ferree has assumed charge. The variety of cooking affords opportunity for practical lessons, which the Domestic Science class can get in no other way. She has a good assistant in Mrs. Kuntz, of Carlisle.
- → Why is a watermelon full of water? Because it was planted in the spring.
- → Mr. and Mrs. Cook, of Dillsburg, were guests of Mr and Mrs. Beitzel this evening. Mrs. Cook is a sister of Mr. Beitzel.

#### Mr. Allen's Last Talk.

On Sunday evening, Mr. Allen addressed the student-body for the last time in the capacity of Assistant-Superintendent. He was very earnest in what he said.

He reminded the students that 25 years ago when Carlisle started, hardly one of those present were living.

Some 5,000 Indian boys and girls having taken all or a part of the course here given, are exponents of the teachings of Carlisle. Some are doing well, and some are doing ill, but the acts of a few who are not doing as well as they might, should not be treasured up against this institution.

No one can point to the students who have passed out of the best colleges and universities in our country and say all are doing well.

No money is spent without hope of return and every one who takes a full five years' course at Carlisle has spent on him or her many dollars.

The United States Government does not expect that each student will return this in kind, but the Government does expect a return in manhood and noble womanhood, and a corresponding elevation of the race to which the student belongs.

"My honor is linked with yours," said the speaker earnestly. "I have honor in every good action and worthy accomplishment; and we all have a portion in every failure and in every success of every stu-

He assured the student-body that his interests would still be with them, and it would be his pleasure to do what lies in his power for the welfare of the school and its

Carlisle is only an incident in the life of each student on the road to true manhood, and he hoped the strength gained here would enable them to stand firm in the right.

Each will be as a light set upon a hill.

It rests upon the Carlisle student to keep the reputation of the institution

A country is not better than the people who make up the population; so the students of a school make the school, and the school is no better than the students. Mr. Allen will always be pleased to say

that he had been connected with the Carlisle School. His life here for the past three years has been a happy one.

He would have us realize that the dollars spent on each student are as many talents entrusted to their individual care, and if they will gain by them as many other talents, they will have done their part.

#### Ayche Saracino Will Remember Maine

Ayche Saracino, class 1904, has been spending the summer in Maine, and enjoying it, too, as may be inferred from the following extract from a recent letter:

"We just came home from a very pleasant trip to Bailey's Island.

We spent a week there in the cottage owned by Miss Amy E. Blanchard who as you know writes books for girls.

We were also fortunate in having for our neighbor Miss Ida Waugh, who is an artist as you will remember.

Our cottage overlooked the mighty Atlantic and a more beautiful picture of Na ture's handiwork could not be seen.

Bailey'a Island is considered very beautiful (meaning also the shore) because of the wall of rocks along the shore.

Sunday morning we watched the tide come in and it was a beautiful sight as the waves came dashing against the rocks sending the beautiful white sprays many feet above them. Only one who sees the beauty can realize what it is.

Every day we would see the men going out to bring in their lobsters, and several times we got to the wharf in time to see the fishermen unload their fishes. Enormous things they were.

We went fishing also and caught enough to give me a few lessons on cleaning fish and eating them. I have had lessons on cleaning lobsters and

crabs, and I propose to open a cafe in the near future. Wouldn't that be fun? I am afraid I couldn't for I have to scream

every time I see the poor lobsters and crabs put into boiling water.

On our way home we were being rocked in the cradle of the deep for sure. The wind blew furiously and it rained quite hard.

We also went to Cape Elizabeth and there we saw many forts. But as our time was limited we didn't make any inspection

I have had a delightful vacation and am ready to take up new duties.

#### Our First Interpreter III.

Mrs. Chas. Tackett of Antelope is reported as being very sick at present. [The New Era, Rosebud, S. D.

Mrs. Tackett was with our first party of students from Rosebud when the school opened Oct. 6 1879, within 5 days of 25 years ago. She and her husband, Chas. Tackett interpreted for the 85 Sioux who could not speak English.

#### Mrs. Irvine goes to Newark.

Mrs. John Irvine and daughter, Mrs. Fairlie, left last evening for the home of Mrs. Fairlie in Newark, N. J., where she will spend the winter. She has been very ill for weeks past as the result of being run down by a bicyclist, but she is now recovering.—[Last Saturday's Carlisle Evening Sentinel.

#### Back to Carlisle.

Miss Laura Spencer, of South West street, has accepted the position as instructor of mathematics at Metzger College. Miss Spencer taught in the public schools of Brooklyn, N. Y., for many years.
—[Carlisle Herald.

Miss Spencer was one of the teachers at our school, when it began in 1879. Her old friends at the Indian School will be pleased to have her as a neighbor.

- Rain is badly needed.
- The evening Study hour has begun.
- → Dress parade at 5 o'clock this after-
- The Standards hold their annual reception this evening.
- → Printer Segui is under the weather. He will be in the hospital for a few days.
- → James M. Parsons, the small boys' captain, is called the "King of the Babes."
- That heavy frost did not kill the beautiful geraniums in shop-court, as was feared.
- → Good weather for the race. We are not referring to the horse race at the Fair, but the human race.
- → The Band concerts these lovely evenings cheer everybody. The boys are certainly making rapid progress.
- →On Sunday evening, Miss Senseney sang a beautiful hymn in rare, sweet voice, which touched the hearts of all.
- → A "funny man" asks the little folks of the Arrow: How much wood would a woodchuck chuck if a woodchuck would chuck

### Shakespeare Off Color.

Mother. "Johnny, stop using such dreadful language!"

Johnny. "Well, mother, Shakespeare uses it.'

Mother. "Then don't play with him: he's no fit companion for you." -[Tid-Bits.

#### Enigma.

I am made of 7 letters:

My 2, 5, 7, 3 is something llke a rabbit. My 4, 6, 1 is what a kitty gets some-

My whole is what has occupied the minds of many Carnsiers, this week. **>>** 

Answer to Last Week's Enigma:

1. ARROW

2. ROACH 3. RANCE

4. OCCUR

WHERE

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From 1st page

gradual alteration in mind or memory ought to excite your most kindly attention.

Before you conclude such defects to be essentailly and primarily of the mind organs alone, be sure, through the help of some physician, that it is not the eyes, throat or digestion, or evil habits that are responsible. If these children must be relegated to the merely slow minded, the peculiar, the mildly eccentric, there should be for these in each large school, distinct classes. I do not mean that the schools must provide for the higher grade of the really defective. For them you require what I have alluded to-special schools with manual training and methods not needed in schools for the healthy-minded, or even the merely dull or

For both types the system demanded requires unusual pedagogic capacity and power to individualize.

For them the examinations are terrible tests, and, indeed, those periods are for many others the cause of bringing out defects and maturing mischief. could do without examinations altogether it would be, hygienically, a distinct gain.

#### The Cause of St. Vitus's Dance.

MANY years ago I undertook to study in my clinics the causes of the disorder known as chorea, or St. Vitus's dance. It turned out that the weather had a share in it—the months of storms; but the chorea curve also rose abruptly with the periods of the examinations and their time of ap-

When, therefore, at these seasons, or at any other time, you observe a child becoming awkward in movements, twitching, letting books fall, it will be well to send the child home, or at least to call attention to the facts.

This should be done not only in the interest of the child, but because other children, in their tendency to become automatically imitative, are apt, by a kind of mental contagion, to acquire some form of the disorder.

I have over and over again seen it spread in schools and give rise to much annoyance. It needs long rest from mind work, for at its worst it lessens the memory and the power of attention, exites remark and disturbs the speech. It is easily confounded with a minor malady from which I separated it many years ago.

This lesser trouble is now known since I wrote about it, as habit spasm or habit chorea. It is not true chorea. You will see it often. A child winks incessantly, or shrugs his shoulders, or twitches the face. For a few days one set of such movements prevails, then that stops and another be

It gets well and rarely needs treatment, but sometimes requires a doctor to tell it from true chorea. Sometimes, if it be very bad, the eyes are at fault. Remember that.

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OU WILL observe that a certain Y OU WILL observe that a small number of girls, especially about examination times, become nervous, cry easily, are apt, if older, to be hysterical. Here is a chance for kindness, a little gentle, helpful talk alone, lessons in the need of self-restraint and self-governmentanything but scolding or harsh words.

Teachers' get Fidgets.

And this reminds me to say a word about the fidgets which get on to the nerves of some teachers

Healthy children are normally as restless

Shut them up, keep them seated, and they move uneasily, shuffle their feet, and stare about them. The blind children are the worst and also blind adults.

Do not be too hard on children's fidgets. It is a means of physical relief, like some of the queer habits of adults. It is a form of physical relief in the presence of emotion, mysteriously valuable, as in men going under fire, and helpful to those who stammer. I remember the effect of an effort to stop one of these fidget habits when I was at school. We recited standing, and the classes always swayed to right and then to left. The Reverend Samuel Crawford, our severe master, ordered this to cease, but soon found that in some mysterious way to stand still affected injuriously the recitations. He gave it up, and wisely.

#### Headache Often Due to Eye Strain.

EADACHES in childhood are too com-I monly regarded as of no moment. I know that it is very common to find pupils complaining of headache.

If acting as a friend to the child, you find that it is frequent, that it follows work over books, and at examination periods, you may suspect that the headache is due to eye strain and see your way to helpful advice.

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It is rare nowadays to find nervous systems wrecked by inveterate headache and vertigo, but thirty years ago this resultant disaster was common.

At that time I had the good luck to tell my profession how large a percentage of headache was due to bad eyes; and to have wrestled with such a common evil as headache and taught how surely to deal with it I count as one of the happiest memories of a lifelong contest with disease.

Sometimes imperfect eyes cause vertigo or such cofusion of mind as makes study impossible. The child gets credit for being stupid or idle, and then a pair of glasses may make the differential diagnosis between lazy vice and studious virtue.

Nervous children, lazy children, and some who are spoiled at home are quite clever little malingerers, and will effect symptoms and simulate sickness.

The word is in use in the army and is French slang for a beggar who imitates

We saw much of it in the army life of the sad sixties, and no doubt it is familiar in the schools and hard to deal with. It becomes at times with certain children a mental malady and hard to conquer. It needs kindness and firmness.

LL'are weak and all are strong, A Patience righteth every wrong. All good things the will must task, All achievement patience ask. Chiefly with each other's weakness Need we patience, love, and meekness; Who takes ill another's ill Beareth two loods up the hill. -J. Vila Blake.



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