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By order of

**E. B. MERITT,**  
*Asst. Commissioner.*

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9088-

1918.

CARLISLE

File No.

150

Ed-Schools  
9088-18  
A V S

Mr. John Francis, Jr.,  
Supt. Carlisle School.

My dear Mr. Francis:

Mrs. Elsie E. Newton, Supervisor, has submitted her report on the Carlisle School, dated January 25, 1918. Her remarks are favorable in general on the improvement and discipline, and excellent work which is being accomplished. She comments in regard to the girls and the girls' lavatories, closets and bath rooms as follows:

"Girls are prone to decorate and pains should be taken to correct their taste without disturbing their pride.

No lavatories. Washstands are in each room; all the occupants using same basin. Towels when used are laid in washstand drawers. Lavatories should be provided, one on each floor. Pending this, towels racks in each room ought to be devised to accommodate all the towels, without touching.

Closets are frequently crowded. If poles and hangers or even hangers only, were provided, clothing could be better kept and without crowding.

Bathrooms are on first floor. Approach to them is open and unheated. After hot baths, girls are exposed in winter time, in returning to their rooms and get chilled. Some better arrangement necessary."

The matron should be instructed to give her special attention to the personal appearance of the girls. She should endeavor to discourage a display of frivolous vanity. They should be instructed to cultivate neatness and refinement in the arrangement of their hair and the care of their face. Your recommendation in regard to the suggestions of Mrs. Newton towards improvement in the apartments of the girls is requested. In making up the annual estimate for garter elastic, it is requested that smaller quantities be estimated for as Mrs. Newton reports that it deteriorates and much waste is experienced.

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FEB 16 1918

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Next year the matter should be taken into consideration. The Supervisor says that chairs instead of stools would improve the posture of the girls in the dining room.

"Service is good under conditions, but conditions ought to be improved. It takes about half an hour to serve, seat and say grace, and the food is cold when eaten. Source of supply is a long way from tables. No steam tables. There should be steam tables; would suggest one on each side of room.

Kitchen is not convenient and has not sufficient or suitable utensils. An entire rearrangement of kitchen and complete outfitting necessary.

An Insinger dishwashing machine is installed but is not used, as it has been calculated that it takes nearly twice as long to operate as to wash dishes by hand. Dishes are washed on tables, girls carrying pans of water from the sink. Practice is not a good one; dishes cannot be sterile, and there is too much carrying of water."

The Supervisor says that there should be no lack of emphasis on the Domestic Science Department and every effort should be made to keep it up to the highest standard. She suggests that the Cottage girls take their meals at the school dining room once a week and the teachers similarly at the mess. This would be better for both teachers and girls.

It is reported that three electric irons in this Department are out of repair. This should receive attention.

A new arrangement for gathering hospital laundry is suggested which is to provide three apartments, each to be lined with a muslin bag to be drawn up when filled and carried to the laundry. This method would be more sanitary than the one now in use.

Your report and recommendations at your convenience are requested on the various suggestions made by Mrs. Newton.

Very truly yours,

*(Signed) E. B. Meritt*

Assistant Commissioner.

DEPARTMENT OF THE INTERIOR  
UNITED STATES INDIAN SERVICE  
VOCATIONAL TRAINING SCHOOL  
MOUNT PLEASANT, MICHIGAN

January 25, 1918



FILED BY C. P. F.

Hon. Cato Sells,  
Commissioner of Indian Affairs,

My Dear Mr. Commissioner:

I am submitting herewith my report on  
the Carlisle school, a copy of which is forwarded to Supervisor  
Lipps.

I believe the Carlisle school is doing excellent work and  
is especially successful in its discipline.

Respectfully,

*Charles E. Repton*  
Supervisor

*Order*

Report on

Girls' Care and Activities, Domestic Science, Housekeeping Depts, etc,

CARLISLE INDIAN SCHOOL

January 1918



FILED BY G. P. F.

General  
Comment

Premises in general were found to be clean and orderly. The pupils numbering 550 are well-fed, well-cared for. The atmosphere is distinctly one of contentment. Pupils are kept very busy in their school work and the various activities and their recreational hours are also well-filled.

In view of the deplorable disciplinary conditions at the time of my previous visit, following the investigation three years ago, the discipline now is deserving of more than passing notice. Supt. Lipps laid the foundation and the same lines are being followed. The discipline is constructive rather than negative. The pupils are regarded as young ladies and gentlemen and with few exceptions respond to this attitude. Girls are respectful, responsive, and best of all, are interested in their work. I was informed that there were few cases ever requiring exceptional discipline. The head matron has excellent control and as far as I could discern, the girls have confidence in her. Wherever feasible, girls are given more self-responsibility in order to better fit them for the day when they will require but little chaperonage. The excellent government of the boys is by no means an unimportant factor in the control of the girls.

Dormitory

+ Dormitory is well-kept, and rooms neat.

+ Comment: Girls are prone to decorate and pains should be taken to correct their taste without disturbing their pride.

No lavatories. Washstands are in each room; all the occupants using same basin. Towels when used are laid in washstand drawers. Lavatories should be provided, one on each floor. Pending this, towels racks in each room ought to be devised to accommodate all the towels, without touching.

Closets are frequently crowded. If poles and hangers or even hangers only, were provided, clothing could be better kept and without crowding.

Bathrooms are on first floor. Approach to them is open and unheated. After hot baths, girls are exposed in winter time, in returning to their rooms and get chilled. Some better arrangement necessary.

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Appearance of  
girls:  
Clothing.

Girls present excellent appearance, very neat, suitably and tastily dressed. For chapel, they are now wearing the unneeded cavalry capes of the boys, to supplement their coats, which are light. An excellent addition, suitable and effective.

entirely

School dresses are not made uniform which gives a look of individuality to the girls. It also affords excellent practice in the laundry, of ironing various styles of cotton dresses.

Comment: Stockings are reported by matron to be poor.

White crossbar of this year also reported poor.; they say it breaks after one or two washings.

Garter elastic when bought in large quantities, deteriorates. Much waste of this item. Matrons suggest that it be purchased in small quantities.

Care of clothing

Clothing in current use, and personal effects are kept in the girls' rooms. Uniforms are kept in large clothing room, light and spacious, with racks and hooks.

Card system of issuing is used. Upon entrance, each girl is listed on a card and every article of clothing issued to her at any time appears on this card. An excellent system and should be adopted at every school. By this means, the matron can keep track of the wardrobe of each girl.

In the general clothing room, bath towels, and change of linen are arranged for each girl for weekly bath day.

Excepting dresses, and the larger articles of clothing, each girl does her own mending. One assistant matron has entire charge of the clothing.

Kitchen and Dining room

The dining room has been freshly painted. It was generally neat in appearance and conduct of pupils very good.

Comment: Chairs instead of stools would vastly improve the posture of pupils when eating.

Service is good under conditions, but conditions ought to be improved. It takes about half an hour to serve, seat and say grace, and the food is cold when eaten. Source of supply is a long way from tables. No steam tables. There should be steam tables; would suggest one on each side of room.

Kitchen is not convenient and has not sufficient of suitable utensils. An entire rearrangement of kitchen and complete outfitting necessary.

Dish-washing

An Insinger dishwashing machine is installed but is not used, as it has been calculated that it takes nearly twice as long to operate as to wash dishes by hand. Dishes are washed on tables, girls carrying pans of water from the sink. Practice is not a good one; dishes cannot be sterile, and there is too much carrying of water.

Food

Appared excellent. I scrutinized the menus extending over a period and they appeared to be good. Main diet is beef, potatoes, bread, coffee, gravy, varied with winter vegetables. Not sufficient milk. Pupils are very fond of this sort of food and never seem to tire of it. No meatless or wheatless days. As the schedule was planned before the war it is not always practicable to provide substitutes now.

Food excellently cooked by the cook and assistant cook.

It seemed abundant, and well-relished by the children. Very little waste apparent. All bits of meat, left-overs of gravy or vegetables are used for soup. Bread is dried and used for stuffing, etc. Fats are saved, tried out and used for shortening or frying. Such waste as cannot be again used in the kitchen is sent to the farm for the hogs.

Cornbread is served frequently, the meal having been made from corn produced on the farm.

#### Laundry

The work done here is excellent. The course in laundering is simple, logical, practical and appears to be consistently followed. The product of the laundry is well-finished. I consider this department very effective.

The weekly number of pieces runs about 9,100 to 9,500, and even as high as 10,000.

#### Sewing room

The work done here is very good, the girls receiving practical training. The modes adopted are in good taste. Not so much fancy work is being done, since the war, although I saw some good specimens of hand lace. A good many girls have learned to knit.

#### Domestic Science

The course in domestic science comprises laboratory work and a period spent in the Practice House or Model Cottage. Pre-vocational girls get laboratory work; ~~xxxxxx~~ once a week; first, ~~xxxxxx~~ year girls twice a week, as also do juniors and seniors. Juniors and Seniors have a month in Model home, four girls at a time, each taking a turn in cooking, serving, and managing.

Owing to coal shortage, the Model Home was cold, and was not in as good a condition as I have seen it. There are no up-to-date conveniences in it, as the idea in its building was to approximate the simple, ~~xxxxxx~~ reservation home, which cannot command modern improvements. This throws the girl upon her own initiative more or less and is an excellent supplement to her laboratory training.

Comment: The washing machine at the Cottage is out of order and should be repaired.

The domestic science teacher is a recent temporary appointee. She appears to have had excellent training and is giving practical instruction, especially in the use of war recipes that require no butter or eggs, or very little.

Such chemistry as is given to the Junior girls is not greatly correlated with the domestic science work. It would add efficiency if this were done.

Comment: There should be no lack of emphasis on this department, and every effort should be made to keep it up to the highest standard.

I would suggest that the cottage girls take their meals at the school dining room once a week, and the teacher similarly at the mess. This would be better for both teacher and girls.

The cost of supplies for the domestic science department is about \$15 per month. The teacher takes her meals at the cottage at the rate of \$10 a month.

Comment: Three electric irons of this department are out of repair and should be repaired.

**Kitchenette** This is in the girls' dormitory. A pleasant room on the first floor has been furnished as a diningroom, another smaller room as serving room and a third as a kitchen. All furnishings and equipment are simple and tasty. The use of these quarters is granted as a privilege to girls upon request. Aside from flour, baking powder and sugar, girls provide their own materials for cooking. They are permitted to make candy or to serve a meal, inviting their young men friends upon occasion, the matron acting as adviser and chaperone. The privilege is not granted too often--at present about twice a month.

The matron considers the kitchenette her greatest aid to discipline, and I agree with her. It is the one touch of home to girls in an institutional life, and I cannot think of any feature more appreciated. It affords an opportunity for the girls to cultivate a little social grace and so is educative also.

**Home Training** No regular instruction has been undertaken by the matron along these lines, as indicated in the Course of Study. The matron claims that the school program is so full, especially with the Red Cross work this year, that it has been impossible to undertake it. She feels that she is getting by individual contact with the girls, the same results she would have from class work.

**Home Nursing** Excellent lectures are being given by the physician. I attended a review lesson and was much impressed with the interest and alertness and comprehension of the girls. The lectures on motherhood have not yet been given, and it is undecided whether this shall be left to the matron or undertaken by the nurse and physician. My own suggestion was that either physician or nurse undertake this, as their knowledge was more technical and scientific, therefore the manner of presentation would be more effective.

**Hospital** Appeared in good condition under good auspices. The nurse is an Oneida woman. Her assistants are receiving instruction in nursing through lectures and actual work. Hospital girls return to quarters at night unless otherwise detailed.

Comment: A new arrangement for gathering hospital laundry is suggested. Two wooden bins on second floor now receive it. If three compartments, each lined with muslin bag to be drawn up when filled, and carried to laundry where the counting and sorting can be done, the method would be more sanitary. More cooking utensils would be acceptable in the kitchen.

**Literary societies** The girls have two, the Susans and the Mercers to correspond to those of the boys, the Invincibles and the Standards. Meetings are held weekly in the society rooms with regular program, critics, etc.



Handling of the program by the presiding officers was invariably good. All the girls seemed versed in simple parliamentary procedure, which is rigidly followed. A debate usually follows the arranged program. At one, the resolution considered a meatless day; at another, held jointly with the boys, woman's suffrage; while at an industrial debate of the shop boys, the steam fitter versus the blacksmith trade, was the discussion.

These societies are an important and excellent feature of the school. They should go even further in impromptu performance, however. The boys and girls are getting a certain training for leadership, and ability to command themselves in public, and a readiness to express themselves.

Physical culture      At present the chief feature of this for the girls appears to be training for basketball. The time given is limited.

Marching by the girls is excellent. I understand that in seasonal weather they are given military drill out of doors.

However, more scientific physical training for girls on a limited scale is suggested.

Red Cross      The Red Cross record is excellent. The Navy League organization was abandoned in September. About Sept. 25 the Red Cross work of the campus was organized as auxiliary to the local chapter. Since that time there has been donated in money, \$856. Articles have been made as follows:

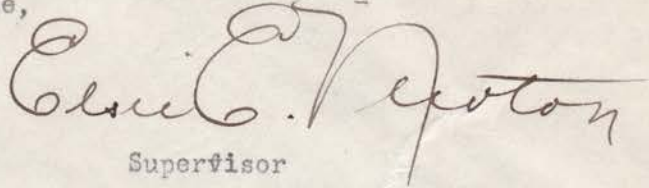
35 bathrobes	From old linen,
27 hospital shirts	1 doz napkins
30 prs. pajamas	3 doz handkerchiefs
51 prs. bed socks	
16 sweaters	45 Christmas kits were sent out,
17 scarfs	39 to Carlisle students who were enrolled
22 pr. wristlets	at Carlisle at the beginning of the war.
1 pr. socks	
1445 compresses	
105 many-tailed bandages	
22 <del>saxum</del> sponges 2 x2	
10 oakum pads	

The Red Cross membership numbers 352, of whom 288 are students. Many of the girls are knitting and one of the boys has made his fame as a knitter. Nearly every employee is giving time and labor, and several of the teachers are making it a point to write regular letters to Carlisle boys who are in the army or navy.

Agricultural Demonstrations      During my visit, the International Harvester educational squad gave a day of lectures to the pupils. A great deal of interest was apparent. The subjects were dairying, poultry raising, home management, agriculture. Charts and slides were used for illustration.

Carlisle-6

In conclusion, I wish to testify to the apparently excellent spirit that prevails among both pupils and teachers. There is an atmosphere of optimism, of mutual helpfulness and forbearance and of genuine interest. The whole carriage of the pupils indicated that their activities and ideals were being well-directed, their time used to good advantage,

  
Elsie C. Newton

Supervisor

January 25, 1918